

RESPITE RESOURCES FOR FAMILY CAREGIVERS

STATEWIDE RESOURCES ALL AGES

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Bayada Habilitation www.bayada.com	Individuals with Intellectual and Developmental Disabilities	CAP I/DD, Innovations Waiver Services, Private Pay	Private Pay CAP I/DD Innovations Waiver Services	Standard respite care, enhanced respite, B3 respite care	All counties EXCEPT: Granville, Vance, Warren, Perquimans, Pasquotank, Halifax, Northampton, Hertford, Gates, Camden, Currituck, Franklin, Nash, Edgecombe, Chowan, Bertie, Martin, Washington, Tyrrell, Dare, Wilson, Greene, Pitt, Beaufort, Hyde, Johnston, Wayne, Lenoir, Craven, Pamlico, Carteret, Jones, Cumberland, Sampson, Duplin, Onslow, Scotland, Robeson	Contact for Application Referrals required	828-328-3100 Donna Heatherly, Division Director dheatherly@bayada.com <u>Habilitation Charlotte:</u> 704-688-2500 8801 J.M. Keynes Dr., Ste 140 Charlotte NC 28262 Kelly Husn khusn@bayada.com <u>Habilitation Hickory:</u> 828-328-3100 1985 Tate Blvd., S. E., Ste 417 Hickory NC 28602 Terrie Filer tfiler@bayada.com <u>Habilitation Greensboro:</u> 336-852-2000 2306 West Meadowview Rd, Ste 111 Greensboro NC 27402 Rob Varner rvarner@bayada.com <u>Habilitation Winston Salem:</u> 336-765-0300 1605 Westbrook Plaza Dr, Suite 101 Winston Salem NC 27103 Robin Parnell rparnell@bayada.com <u>Habilitation Wilmington:</u> 910-397-7767 rparnell@bayada.com tforeman@bayada.com
Easter Seals UCP of North Carolina &	All ages	Meet the service	Depends	Hourly	Statewide	Although we do not	919-783-8898

Virginia Connie L. Cochran, CEO www.eastersealsucp.com		definition		Daily No crisis respite except in Central Region's START program		have respite services available in all areas, we try to help connect people to other services and can redirect calls to appropriate community/program	5171 Glenwood Ave., Ste 400 Raleigh NC 27612
PSA Healthcare, Inc. www.psahealthcare.com	All individuals with MR, DD	Must have CAP Medicaid funding or be privately funded	None	Individual, group, community respite LPN, RN	Statewide Regional offices in Forsyth, Mecklenburg, Wake	Call regional offices	Buncombe: 828-684-3329 Forsyth: 336-760-8599 1551 Westbrook Plaza Dr, Ste 100 Winston-Salem NC 27103 Mecklenburg: 704-335-9797 4530 Park Rd, Ste 105 Charlotte NC 28209 Pitt: 252-756-7233 Wake: 919-481-6712 MacGregor Center 121 Edinburgh S, Ste 203 Cary NC 27511
North Carolina Respite Care Coalition	All ages			Depends on request and availability	Statewide	Once individual family caregivers make a request, the Coalition will send out an email request to all Coalition members to determine if services are available	919-740-6604 Jane MacLeod Jane.macleod@eastersealsucp.com
Skill Creations, Inc. www.skillcreations.com Paul Hackman, CEO	IDD adults and children	Must have primary DD diagnosis	We accept CAP, I- Waiver, state funding, and voucher funding Private pay on sliding scale accepted for facility- based center	Facility-based (Morganton) In-home community- based Crisis	Statewide for Morganton Facility Any NC resident accepted for community- based respite in following LMR/MCO catchment areas: Partners, Smoky, WHN, and Eastpointe	Availability for respite facility depends on space available Other clients must be appropriate for community-based services Contact Facilitator for screening Referral from case coordinator or manager	919-734-7398 P.O. Box 1664 Goldsboro NC 27533-1664 Deanna Colwell, Facility Administrator 828-443-6548 Deanna.colwell@skillcreations.com
Turning Point Services www.turningpointservices.inc.com	IDD	Diagnosis of developmental	CAP Medicaid		Alleghany, Ashe, Avery,		838-433-4719 1001 South Sterling St.

		disability	and State funds; accept payment from federal and state programs		Beaufort, Bertie, Buncombe, Burke, Caldwell, Carteret, Catawba, Cherokee, Clay, Cleveland, Craven, Davidson, Durham, Gaston, Gates, Graham, Guilford, Haywood, Henderson, Hertford, Iredell, Jackson, Jones, Lincoln, Macon, Madison, McDowell, Mecklenburg, Mitchell, Northampton, Onslow, Pamlico, Pitt, Polk, Rowan, Rutherford, Stanley, Swain, Transylvania, Union, Wake, Watauga, Wilkes, Yancey		Morganton NC 28655
United Support Services, Inc. www.ussnc.org	Intellectually and developmentally disabled	CAP/IDD or Cardinal Innovations recipient	Medicaid funded	Individual and/or group	Mecklenburg, Centerpoint, Pathways, Five County, Wake, OPC,, Smokey Mountain Center, Sandhills, Alamance-	Medicaid funding only CAP accepted Contact for more information	704-841-3544 2331 Crownpoint Executive Dr, Suite J Charlotte NC 28227-7749 Kieran Dean or Victoria Garland Kieran@unitedsupportservices.org

					Caswell, Crossroads, Mental Health Partners, Beacon Center		
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**STATEWIDE RESOURCES
CHILDREN UP TO 18**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Children's Center of Surry Licensed Group Foster/Residential Care www.surrychildren.com	Foster and adoptive children 6-18 at risk of disruption in placement	Foster and adoptive children at risk or involved in abuse, neglect, or delinquency	None		Statewide		336-386-9144 336-371-0114 (emergency if main line unavailable) 2000 Prison Camp Rd P.O. Box 692 Dobson NC 27017
Easter Seals UCP of North Carolina & Virginia Connie L. Cochran, CEO www.eastersealsucp.com	All ages	Meet the service definition	Depends	Hourly Daily No crisis respite except in Central Region's START program	Statewide	Although we do not have respite services available in all areas, we try to help connect people to other services and can redirect calls to appropriate community/program	919-783-8898 5171 Glenwood Ave., Ste 400 Raleigh NC 27612
Crossnore School and Academy Phyllis Crain, Executive Director www.crossnoreschool.org	Children 2 to 18			Emergency care services, respite, and long-term placement	Statewide		100 DAR Drive (P.O. Box 249) Crossnore NC 28616 828-733-4305, ext. 52
Family Support Program http://fsp.unc.edu/forparents/respite-care	Children with special needs (under 18)			Upon request will provide respite resources and support	Statewide		1-800-852-0042
North Carolina Respite Care Coalition	All ages			Depends on request and availability	Statewide	Once individual family caregivers make a request, the Coalition will send out an email request to all Coalition members to determine if services are available	919-740-6604 Jane MacLeod Jane.macleod@eastersealsucp.com

**STATEWIDE RESOURCES
ADULTS 18+**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
North Carolina Baptist Aging Ministry www.ncbam.org	65+ Caregivers of adult 65+		None Donations accepted but not required	Adult respite	Statewide	Call toll-free number	1-877-506-2226 201-B Idol Drive Thomasville NC27630 P.O. Box 338 Thomasville NC 27631
NC Division of Aging and Adult Services Respite-Project CARE Len Erker	Caregivers caring at home for a family member with dementia	Confirmation of Alzheimer's or other types of dementia by caregiver, physician, or healthcare provider Reside in 1 of 40 counties served Priority to low-income, rural, and minority families Recipients of CAP/DA services are eligible (excluding additional respite funding)	None	In-home respite Short-term facility respite Adult day care	Mecklenburg, Forsyth, Surry, Yadkin, Buncombe, Haywood, Henderson, Jackson, Madison, Graham, Macon, Swain, Transylvania, Avery, Mitchell, McDowell, Polk, Rutherford, Yancey, Bladen, Columbus, Cumberland, Hoke, Robeson, Scotland, Beaufort, Bertie, Gates, Halifax, Hertford, Hyde, Martin, Northampton, Pitt, Washington, Alamance, Caswell, Guilford, Rockingham		828-687-5609 Project CARE, Dept. 638 c/o Park Ridge Health 100 Hospital Drive Hendersonville NC 28792

<p>National MS Society-Greater Carolinas Chapter Jeff Furst, Chapter President www.nationalmssociety.org/nct</p>	<p>People with MS and their caregivers</p>	<p>Registered member of MS Society with a diagnosis of MS Live in the Chapter's area Homebound with a full-time caregiver in the home Complete respite care application</p>	<p>None</p>	<p>Short-term respite Up to 48 hours/year of non-medical CNA services (bathing, light meal preparation, dressing, exercise, companionship)</p>	<p>82 counties in NC</p>	<p>Not eligible if already receive services from another agency or have private insurance that covers respite</p>	<p>704-525-5906 9801-1 Southern Pine Blvd, Charlotte NC 28273 919-834-0678 3101 Industrial Dr., Ste 210, Raleigh NC 28273 1-800-344-4867</p>
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**RESPIRE RESOURCES, EASTERN REGION
ALL AGES**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Autism Society of North Carolina, South Region www.autismsociety-nc.org	All ages DD CAP MR/IDD consumer		Private Pay \$15/hour None for CAP	CAP Community-based respite Private Pay in home	Anson, Bladen, Columbus, Cumberland, Harnett, Hoke, Lee, Moore, Robeson, Sampson, Scotland	Application process Referral required from DD Targeted Case Manager	910-864-2769, ext 1201 351 Wagoner Dr., Ste 402 Fayetteville, NC 28303 Steven King sking@autismsociety-nc.org
Autism Society of North Carolina, Eastern Region www.autismsociety-nc.org	Individuals ages 3 to adult with Autism Spectrum Disorder (ASD) or related conditions	Diagnosis Contact office for additional information	Private Pay \$15/hour Innovations waiver-covered by Medicaid IPRS respite covered through ECBH MCO in ECBH catchment only	Community-Based Respite-NC Innovations waiver (individual and group) Private Pay, IPRS (state funded community-based individual respite in ECBH catchment only)	Beaufort, Craven, Martin, Pitt, Wilson, Edgecombe, Nash, Lenoir	Contact office for information and application	252-756-1316 205 C/D Plaza Dr. Greenville NC 27858 Kari Johnston kjohnston@autismsociety-nc.org
Dare Respite Care, Dare County Department of Public Health http://darencweb/health/	Full-time caregivers of adults or children	Care recipient must live in Dare County Caregiver must be full-time	No charge	In-home respite provided by trained volunteers	Dare		252-475-5028 109 Exeter St. P.O. Box 100 Manteo NC 27954
Friendly Caregivers www.friendlycaregivers.com	All ages		Contact for more information	Respite Personal care, etc.	Carteret, Craven, Jones, Onslow, Pamlico		252-240-1234 2301-D Arendell St. Morehead City NC 28557
Hands of Hope www.theouterbankshospital.com	Adults and children with cancer			Adult and children's respite Personal care	Dare		252-216-9400 The Outer Banks Hospital 4800 South Croatan Highway Nags Head NC 27959
Home Choice Network, Inc. www.hchoicenet.com	Adults needing non-medical care	Non-medical care	Hourly rate Call to discuss	Adult respite minimum 3 hours per visit	Harnett, Lee, Moore	Services provided 23 hours, 7 days a week	910-944-1116 250 Magnolia Square Ct. Abderdeen NC 28315

						Call for no-cost, no-obligation meeting	
Home Choice Healthcare	All ages, children to adults		Hourly rate varies	Periodic companionship, light housekeeping, some personal care, errands, meal preparations	Wake, Johnston, Harnett, Lee, Cumberland, Moore, Richmond, Montgomery, Durham, Wayne, Nash, Edgecombe, Franklin, Granville, Hoke, Sampson	Accept private pay, long term care insurance, VA assistance, Medicaid Non-medical services only Free assessment with nurse Accept CAP	919-369-6896 919-882-3680 Lyn Brandenburg lbrandenburg@homechoicehealthcare.net
Hospice of Harnett County www.harnetthospice.org	Caregivers of individuals with terminal illness	Physician's order and certification that individual has less than 6 months to live	All fees covered by Medicaid, Medicare, or private insurance No one denied for inability to pay		Harnett, Johnston, Sampson, Wake		910-892-1213 111-A North Ellis Ave Dunn NC 28334 P.O. Box 373 Erwin NC 28339
Individual and Family Assistance for the Terminally Ill www.thefoundationforhospice.org	Individuals and families of individuals with terminal illness	Diagnosis of terminal illness with less than 6 months to live	None	Respite Facility respite stays	Onslow, Pender		910-455-3925 3391 Henderson Dr. Ext Jacksonville NC 28546
Maxim Health Care Services www.maximhomecare.com	Children Adults			Pediatric home care Children's respite Adult respite	Carteret		252-726-8746 3332 Bridges St., Ste 1A Morehead City 28557
Onslow County Hospice Program www.onslowcountync.gov	Individuals with terminal illness	Onslow County resident Diagnosis of less than 6 months to live	Varies per service	In-home respite provided by volunteers, in 2-hour segments	Onslow		910-577-6660 4024 Richlands Hwy Jacksonville NC 28540 P.O. Box 982 Jacksonville NC 28541
Pathways Behavioral Health	Children and adults with disabilities	Person Centered Plan		Periodic, generally in home	Craven		252-745-5761 594 Halls Creek Rd New Bern NC 28560 Pbhs.inc@gmail.com

A Small Miracle, Inc. www.asmallmiracleinc.com	All ages with all types of disabilities, specializing in Autism spectrum			In-home and day care	Cumberland		910-672-0272 2110 Fort Bragg Rd, Ste 108 Fayetteville NC 28303
PSA Healthcare, Inc. www.psahealthcare.com	All individuals with intellectual and developmental disabilities	Must have CAP Medicaid or be privately funded	None	Individual, Group, Community respite LPN, RN	Statewide Area offices in Cumberland and Pitt		Cumberland: 910-323-1811 Omni Centre Complex, Bldg II 351 Wagoner Dr., Ste 412 Fayetteville NC 28202 Pitt: 252-756-7233 1025 Smith Blvd Greenville NC 27834
The ARC of Moore	Individuals with MR/DD	CAP recipient	Medicaid	In-home	Harnett, Lee, Moore		910-692-8272 150 West Vermont P.O. Box 773 Southern Pines NC 28387

**RESPIRE RESOURCES, EASTERN REGION
CHILDREN UP TO AGE 18**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Onslow County Partnership for Children NACCRRRA EFMP Respite Care Program www.onslowkids.org	Active duty military families with children diagnosed with special or exceptional needs	Enrolled in EFMP Approved for services through NACCRRRA Stationed at Camp Lejeune MCB, New River MCAS, or Cherry Point MCAS	Free	40 hours/month respite care	Onslow, Pender		910-928-0336 301 Northwest Dr Jacksonville NC 28546
ACI Support Specialists-Brunswick	Children with special needs, mental illnesses, developmental disabilities	Need community support services	Fees vary Medicaid accepted	Varies depending on need	Brunswick, Pender		910-253-7111 926 Old Ocean Highway, Ste B Bolivia NC 28422
ACI Support Specialists-New Hanover	Children with special needs, mental illness, developmental disabilities	Need community support services	Fees vary Medicaid accepted	Varies depending on need	New Hanover		910-763-7458 3240 Burnt Mill Dr., Ste 1 Wilmington NC 28403
Carobell, Inc., Military Respite www.carobell.org	Military families or primary caregivers of children who have an exceptional need	Enrollment in USMC Exceptional Family Member Program	National Assoc. of Childcare Resource & Referrals pays	Children's respite	Onslow and Pender	Parents determine hours needed	910-326-7600 198 Cinnamon Drive Hubert NC 28539
Exceptional Family Member Program, Marine Corps New River www.mccsnr.com	Active duty members who have a dependent with diagnosed exceptional or special needs	Active duty member with children residing at home Registered with EMFP on base Stationed at Marine Corps Base Cherry Point, New River, Camp Lejeune		Children's respite 40 hours/month of free child care for exceptional children of Marines	Onslow	Mandatory enrollment for all active duty personnel with family members who have special needs	New River: 910-449-5251 Bldg AS 213 Bancroft St. Mailing: PSC Box 21001 Mccutcheon Field NC 28545 Camp Lejeune: 910-451-4394 Bld 40 798 Brewster Blvd. Camp Lejeune NC 28542
Maxim Health Care Services	Children			Pediatric home	Carteret		252-726-8746

www.maximhomecare.com	Adults			care Children's respite Adult respite			3332 Bridges St., Ste 1A Morehead City 28557
PSA Healthcare, Inc. www.psahealthcare.com	All individuals with intellectual and developmental disabilities	Must have CAP Medicaid or be privately funded	None	Individual, Group, Community respite LPN, RN	Statewide Area offices in Cumberland and Pitt		Cumberland: 910-323-1811 Omni Centre Complex, Bldg II 351 Wagoner Dr., Ste 412 Fayetteville NC 28202 Pitt: 252-756-7233 1025 Smith Blvd Greenville NC 27834
A Small Miracle, Inc. www.asmallmiracleinc.com	All ages with all types of disabilities, specializing in Autism spectrum			In-home and day care	Cumberland		910-672-0272 2110 Fort Bragg Rd, Ste 108 Fayetteville NC 28303
Autism Society of North Carolina, Eastern Region www.autismsociety-nc.org	Individuals ages 3 to adult with Autism Spectrum Disorder (ASD) or related conditions	Diagnosis Contact office for additional information	Private Pay \$15/hour Innovations waiver- covered by Medicaid IPRS respite covered through ECBH MCO in ECBH catchment only	Community- Based Respite- NC Innovations waiver (individual and group) Private Pay, IPRS (state funded community- based individual respite in ECBH catchment only)	Beaufort, Craven, Martin, Pitt, Wilson, Edgecombe, Nash, Lenoir	Contact office for information and application	252-756-1316 205 C/D Plaza Dr. Greenville NC 27858 Kari Johnston kjohnston@autismsociety-nc.org
Autism Society of North Carolina, South Region www.autismsociety-nc.org	All ages DD CAP MR/IDD consumer		Private Pay \$15/hour None for CAP	CAP Community- based respite Private Pay in home	Anson, Bladen, Columbus, Cumberland, Harnett, Hoke, Lee, Moore, Robeson, Sampson, Scotland	Application process Referral required from DD Targeted Case Manager	910-864-2769, ext 1201 351 Wagoner Dr., Ste 402 Fayetteville, NC 28303 Steven King sking@autismsociety-nc.org

**RESPIRE RESOURCES, EASTERN REGION
ADULTS 18+**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Emeritus at the Pines of Goldsboro www.emeritus.com	Seniors 55+	Must be able to pay with private resources	\$150	Assisted living 14-day minimum, 30-day maximum	Wayne and surrounding	Must have nursing assessment and completed paperwork from physician stating individual is appropriate for assisted living	919-750-1220 919-735-5117 380 Country Day Rd Goldsboro NC 27530 Jenna Best Pinesofgoldsboro-crd@emeritus.com
Wayne Action Group for Economic Solvency (WAGES) Senior Companion Program	Older adults, including those with Alzheimer's or dementia		No fee	In-home care but companion volunteers can also assist with daily tasks (light meals and housekeeping, medications, trips to grocery store and doctor)	Wayne	WAGES companions are volunteers 55 years of age and older. They attend monthly trainings. They must pass a criminal record and sex offender's registry check.	919-734-1178, ext 202 or 208 601 E. Royall Ave. Goldsboro NC 27530
Wayne County Services on Aging	Older adults Older adults with Alzheimer's or other dementia-related impairments		No fee	In-home services: trained aides help older persons remain in or return home with maximum personal assistance Group respite: temporary relief to caregivers of adults with Alzheimer's, etc., in a group setting at the Wayne County Senior Center	Wayne		919-731-1591 919-580-4024 (fax) 100 S. John Street Goldsboro NC 27530

3HC	People with Alzheimer's disease/memory loss		Fee-based	In-home health or hospice care Skilled nursing care Rehabilitation Services (physical, speech, occupational therapy) Private duty nursing care for those in need of 4 or more hours of continuous skilled nursing care	Wayne		Phyllis Hembree 919-735-1387 2402 Wayne Memorial Drive Goldsboro NC 27534
Carepro	Individuals with Alzheimer's or dementia		Fee based	In-home care/respite Depends on needs of client; each plan of care is tailored for each individual	Wayne		Stephanie Williams 919-735-5922
Community Home Care and Hospice of Goldsboro www.comunityhch.com	Individuals with Alzheimer's or other memory loss Best care possible to patients (and their families) facing life-limiting illness		Fee based	In-home care by a qualified team of doctors, nurses, social workers, clergy, and volunteers	Wayne	Pain/symptom management; personal care and feeding; help in planning for end-of-life issues; grief and loss support; spiritual care; medication, supplies and equipment related to condition	919-734-7011 1201 Wayne Memorial Drive Unit C Goldsboro NC 27534
Bayview Nursing and Rehabilitation Center www.bayviewrehab.com	Adults with complex medical conditions and/or recovering from surgery or illness				Craven		252-638-1818 3003 Kensington Park Dr. New Bern NC 28560
Cape Fear Adult Day Health Center	18+ Need supervision due to disability,			Day care Transportation, snacks, and	Cumberland		910-323-4424 920 Stamper Rd. Fayetteville NC 28303

	age, or health			lunch provided			
Cape Fear Council of Governments-Area Agency on Aging www.capefearcog.org/aaa_main.htm	Seniors			Group respite	Brunswick, New Hanover, Pender		910-395-4553 1480 Harbour Dr. Wilmington NC 28401 Holly Henderson Ext. 204 hhenderson@capefearcog.gov
Caswell Center www.caswellcenter.org	18+ MR/DD	Referral by appropriate MH, DD, SA program	Sliding scale, on ability to pay basis Medicaid	Short-term respite	Greene, Lenoir		252-208-4000 2415 West Vernon Ave. Kinston NC 28504-3321
Comfort Keepers of Wilmington, NC Kevin and Alyssa Kelly www.comfortkeepers.com/office-350	Adults 18+		\$16.50 for companion care \$17.95 for personal care	Companion and personal care services CNAs also available	New Hanover, Brunswick, Pender, Onslow, Duplin, and Jones		910-342-9200 910-342-0200 (fax) 3975 A Market St. Wilmington NC 28409
Coastal Community Action, Inc. Paula Dickson, Executive Director Senior Companion Program Georgia Newkirk, Director www.coastalcommunityaction.com	Older/frail/disabled adults/caregivers	Available volunteer in geographic location	None	Supervision and companionship	Carteret, Craven, Jones, Lenoir, Pamlico	Referral required Assessment of need; can the need be met by a senior volunteer; is there a volunteer available in the area to meet the need	252-223-1630 (main line) 252-223-1651 (Georgia Newkirk) Georgia.newkirk@coastalcommunityaction.com P.O. Box 729 303 McQueen Ave. Newport NC 28570
Community Alternatives Program for Disabled Adults www.harnett.org	18+ adult with disability	Resident of Harnett County Eligible for Medicaid (blue card)	None	Adult respite Adult day programs	Harnett		910-893-7596 309 W. Cornelius Harnett Blvd. Lillington NC 27546
Craven County Department of Social Services, Kent Flowers Jr., Director Adult Services Division James Harriett, Program Manager www.cravencounty.com/departments/dss.cfm	18+ Frail elderly and disabled adults	Referral to Adult Services needed Do not accept CAP or PCS clients	None, although we ask for consumer contribution for some programs	In-home Services Program provides on-going relief for caregivers with an aide to perform ADL tasks several times/week.	Craven County	Social workers assesses needs, helps set up services, and monitors; we also assess and address social, environmental, mental/emotional, physical, and economic needs	252-636-4900 (ask for Adult Services Intake worker to make a referral) P.O. Box 12039 2818 Neuse Blvd. New Bern NC 28561
Crystal Bluffs Rehabilitation and Health Care Center www.crystalbluffs.com	Adults with complex medical conditions and/or recovering		Fees vary	Adult respite care	Carteret	Medicare and Medicaid certified facility	252-726-0031 4010 Bridges St. Extension Morehead City NC 28557

	from illness or surgery						
Day Break Adult Day Services-Kinston www.kinstondaybreak.org	Adults functionally and/or cognitively impaired		\$25 nonrefundable fee for application Program fees vary: \$48 for Level 1 \$50/Level 2 \$52/Level 3 \$54/Level 4	Adult respite care Adult day	Greene, Lenoir		252-527-6882 517 North Queen St Kinston NC 28501
Eastern Carolina Council Area Agency on Aging Tonya Cedars, Director Family Caregiver Support Program	1)Adult who informally provides care to a 60+ individual or to an individual with Alzheimer's or related disorder with progressive neurological & organic brain dysfunction 2)Relative (grandparent or step-grandparent (or related by blood, marriage, or adoption) caregiver of a child	1)Adult must provide in-home or community care to the individual 2)Relative caregiver must be 55 or older, live with the child, be primary caregiver because the parents are unable or unwilling, and have a legal relationship (custodial or guardianship) to the child or is raising the child informally	None Consumer contributions policy allows the family to make a contribution towards cost of services	In-home health Senior companion Short-term facility respite Group respite (summer camps)	Craven, Carteret, Wayne, Duplin, Onslow, Greene, Jones, Lenoir, Pamlico	Priority given to 60+ family caregivers with greatest social and economic need caring for others with greatest social and economic need, 60+ relative caregivers of children with severe disabilities, and 60+ relative caregivers with social/economic need	252-638-3185 P.O Box 1717 233 Middle St., 3 rd Floor O. Marks Bldg. New Bern NC 28563
Family Caregiver Resource Program Harnett County www.harnett.org	Family caregiver of 60+ adult or disabled family member in home 60+ grandparents caring for minor child	Priority given to those with greatest social and economic need			Harnett		910-893-7578 309 W Cornelius Harnett Blvd. Lillington NC27546
Family Caregiver Support Program-Mid-East Commission Area Agency on Aging www.mecaaa.org	60+ or Adult with disability		None	Adult respite	Beaufort, Bertie, Hertford,		252-946-8043 1385 John Small Ave. Washington NC 27889

					Martin, Pitt		Sallie Williamson swilliamson@midwestcom.org
Home Choice Network, Inc. www.hchoicenet.com	Adults needing non-medical care	Non-medical care	Hourly rate Call to discuss	Adult respite minimum 3 hours per visit	Harnett, Lee, Moore	Services provided 23 hours, 7 days a week Call for no-cost, no-obligation meeting	910-944-1116 250 Magnolia Square Ct. Abderdeen NC 28315
Martin County Department of Aging In-Home Respite Care www.martincountync.gov.com/DeptAging.aspx	60+ 60+ spouse of senior	DAAS 101 form	Sliding scale used for contribution suggestion	In-home respite for limited number of hours/week	Martin	In-home assessment	252-792-1027 201 Lee St Williamston NC 27892
Mid-Carolina Area Agency on Aging www.mccog.org/agingasp	60+			Family Caregiver Support Program Coordinates	Chatham, Cumberland, Harnett, Lee, Sampson		910-323-4191 130 Gillespie St Fayetteville NC 28301 P.O. Box 1510 Fayetteville NC 28302
Pathways Behavioral Health	Children and adults with disabilities	Person Centered Plan		Periodic, generally in home	Craven		252-745-5761 594 Halls Creek Rd New Bern NC 28560 Pbhs.inc@gmail.com
Quality Home Staffing, Ahoskie www.qualityhomestaffing.com	Adults with disabilities CAP-MR/DD	Contact agency for information	Fees vary	In-facility respite In-home respite Personal care Some overnight	Gates, Hertford, Northampton	Contact for more information	252-332-1651 1109 Memorial Drive Ahoskie NC27910 info@qualityhomestaffing.com
Quality Home Staffing, Elizabeth City www.qualityhomestaffing.com	Adults with disabilities CAP-MR/DD	Contact agency for information	Fees vary	In-facility respite In-home respite Personal care Some overnight	Pasquotank	Contact for more information	252-337-6124 425 C McArthur Dr Elizabeth City NC 27909 info@qualityhomestaffing.com
Accommodating Home Care Service, Inc. www.accommodatinghomecare.com	Individuals needing assistance		Fees vary Medicaid accepted	In-home respite Some personal care, etc.	Craven		252-635-9005 1452 South Glenburnie Rd., Ste 2 New Bern NC 28562 ahcsinc@suddenlinkmail.com
Area Agency on Aging, Albemarle Commission www.albemarlecommission.org	60+ Caregivers of individuals with cognitive impairment Grandparents raising children	Call for information	Call for information	Varies depending on need	Camden, Chowan, Currituck, Dare, Gates, Hyde, Pasquotank, Perquimans, Tyrell, Washington		252-426-5753 512 South Church St. Hertford NC 27944
Elderhaus www.elderhaus.com	60+	Semi-ambulatory	\$47/day Monies	Adult day care	Brunswick, New Hanover,	Meal, snacks, activities,	910-343-8209 1950 Amphitheater Dr

		Not disruptive Resident of Brunswick, New Hanover, or Pender Counties	available to assist with cost of day care		Pender	socialization Call for details about application and enrollment	Wilmington NC 28041 Stacy Bullard enrollment@elderhaus.com
Elderhaus-Porter's Neck www.elderhaus.com	60+	Semi-ambulatory Not disruptive Resident of Brunswick, New Hanover, or Pender Counties	\$47/day Monies available to assist with cost of day care	Adult day care	Brunswick, New Hanover, Pender	Meal, snacks, activities, socialization Call for details about application and enrollment	910-686-3335 1013 Porter's Neck Rd. Wilmington NC 28411 Stacy Bullard enrollment@elderhaus.com
Onslow County Senior Services Community Alternatives Program for Disabled Adults www.onslowcountync.gov	18+ adults with disabilities requiring intermediate or skilled care CAP/DA	Onslow County resident Financially eligible Health, safety, and well-being maintained in home within Medicaid cost limits	Varies Call for information	Adult respite care Adult day programs	Onslow		910-455-2747 4024 Richlands Highway Jacksonville NC 28540 P.O. Box 982 Jacksonville NC 28541
Turner Manor Family Care www.eccog.org	Adults	Call for information	Call for information	Adult respite	Onslow		910-326-3896 303 Chestnut St Swansboro NC 28584

**RESPIRE RESOURCES, CENTRAL REGION
ALL AGES**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Autism Society of North Carolina, Triangle Services Region www.autismsociety-nc.org	Individuals with Autism Spectrum Disorder (ASD), Autism, Asperger's, Rhett's, Fragile X, Communication Disabilities	Diagnosis of Autism or related communication disability (application for services has additional information)	CAP Private Pay: \$15/hour	CAP Respite, Cardinal Innovations Respite, Cardinal Innovations B3 Respite, In-home respite can include some personal care	Chatham, Durham, Johnson, Orange, Person, Wake	Interview required for 1:1 staff matching Application requires interviews with regional director and clinical supervisor and a psychological evaluation/diagnosis Referrals preferred but not required	919-865-2260 6300 Chapel Hill Rd, Ste 140 Raleigh NC 27607 David Ingram d Ingram@autismsociety-nc.org
ARCADIA Home Care www.arcadiahomecare.com/nc/#	All ages	Private pay Medicaid, VA benefits, LTC insurance, Workers' Comp	Call for information	Pediatric respite Respite for medically fragile children Geriatric respite ADLs, cath, and G-tube care	Wake, Durham, Franklin, Johnson, Granville	Some payors may require a referral; we can assist with that CAP accepted	919-846-9212 7340 Six Forks Rd. Suite 103 Raleigh, NC 27615 Lyndah Tello ltello@arcadiahealthcare.com
1st in ProActive Care www.proactivecarenc.com	All ages Seniors, children with special needs, individuals recovering from illness, etc.		\$16-\$19/hour Special rates for overnight and 24-hour respite	In-home Periodic Around-the-clock	Forsyth, Guilford, Stokes, Davidson, Davie, Alamance, Yadkin, Rockingham	Must be within 45 minutes of Kernersville Accept Workers Compensation, private pay, VA benefits, Medicaid, CAP	336-992-2292 815 Old Winston Rd, Ste E Kernersville NC 27284 Cecily Hooks chooks@proactivecarenc.com
Quality Family Services Theron Norris, Owner Kim Lister, CAP Supervisor	MR/DD	Must receive CAP services. Call Kim Lister for respite services		Respite/enhanced respite	Mecklenburg	Services only available for CAP recipients.	704-219-7500 (Kim Lister) 704-536-9300 main 5109 Monroe Road Charlotte NC 28205
ARC of Durham County www.thearcdurhamcounty.org	Developmentally disabled and families with children with developmental disabilities	Involved with the ARC	Vouchers	Varies depending on need	Durham		919-493-8141 3500 Westgate Drive, Suite 303 Durham NC 27707
Alternate Care Home Care	People living with illness or disability or needing help with ADLs			In-home care Respite	Mecklenburg	Free assessment of client's needs	704-605-5142 1801 N Tryon St., Ste 429 Charlotte NC 28205 P.O. Box 19415 Charlotte NC 28219-9415 Mindy Barrett

							alternatehomecare@yahoo.com
ARC of High Point Community Alternatives Program (CAP) www.arc-of-hp.com	Individual with DD	Approved for CAP slot	None		Guilford		336-883-0650 153 E Bellevue Dr. High Point NC 27265
Community Support Service LLC www.communitysupportservice.com	Individuals with I/DD diagnosis	CAP I/DD or Innovations Funding	None	Non-institutional respite (individual and group)	Alamance, Caswell, Chatham, Forsyth, Guilford, Orange, Person, Randolph		336-855-1810 866-691-18187 toll free 1-A Terrace Way Greensboro NC 27403 Michelle Maynard michelle@communitysupportservice.com
Exchange/SCAN Respite Care Cynthia Napoleon-Hanger, Executive Director Amanda L. Carrick, MA Deputy Director www.exchangescan.org	Children 0-17 at risk or abuse or neglect Parents who are overwhelmed and need a break	Call for information Depends on available placements, age of child, and any special needs of child	None	Immediate short-term placements Therapeutic and non-therapeutic placements	Forsyth, Surry, Stokes	We work with private respite providers and Children's Home of NC to find appropriate placements. Availability depends on the providers	336-948-9028 336-748-9030 (fax) 500 W. Northwest Blvd. Winston-Salem NC 27105
Growing in Care	Persons with developmental disabilities Individuals with AIDS	Medicaid recipient	Varies according to needs	In-home aide, non-institutional respite for adults with disabilities and those with AIDS	Mecklenburg, Union		704-393-8206 2137 B Ave. Charlotte 28216
Home Care for the Carolinas www.homecareforthecarolinas.com	All ages		Varies, depending on services Begins at \$20/hour with 4-hour minimum	In-home respite, can include personal care	Cabarrus, Gaston, Mecklenburg, Union		704-335-8488 3472 N. Davidson St Charlotte NC 28205
Hospice of Rockingham County www.rcpl.org/hospice	Terminally ill individuals	Doctor certification of terminal illness, prognosis 6 months or less	Services provided regardless of ability to pay		Rockingham	Accept Medicaid, Medicare, private insurance (sliding scale)	336-427-9022 2150 NC Highway 65 P.O. Box 281 Wentworth NC 27375 hosprc@netpath-rc.net
Hospice of Union County www.hospiceofunioncounty.org	Terminally ill individuals	Physician diagnosis of terminal illness with prognosis of 6 months or less	Varies		Union, Mecklenburg, Anson		704-292-2100 700 W. Roosevelt Blvd Monroe NC 28110
LIFESPAN SERVICES LIFESPAN CAP Program www.lifespanservices.org	I/DD children and adults	Medicaid CAP funding required (referrals to come from	None	Respite Currently not offering crisis,	Mecklenburg	LIFESPAN does not accept private pay for services	704-393-5916 3127 Kalyne St. Charlotte NC 28208

		Mecklenburg Mental Health)		institutional, or nursing respite			
Raleigh Respite Program	Homeless individuals recovering from surgery or acute illness	Homeless Must have referral from medical provider	None	Short-term, up to 14 days	Wake		919-828-9014, ext. 133 314 E. Hargett St. Raleigh NC 27601
Ralph Scott Lifeservices	Children and adults with developmental disabilities		Varies	In-home to CAP individuals approved for respite or private pay Evening, overnight, or day service in our location Monthly respite play days Some additional activities	Alamance, Caswell, Rockingham		336-227-1011 401 W. Trade St. Burlington NC27217
Securing Resources for Consumers, Inc. www.srfcinc.com	Adults and children Need assistance with daily living Released from facility or hospital in need of rehab	Medicaid and Medicare recipients need doctor's referral	Medicaid Medicare Private pay \$16.50/hour		Chatham, Durham, Johnston, Orange, Wake	In-home service visit for intake	919-405-2700 3209 Yorktown Ave. Durham NC 27713 Ursula Singleton ursula.singleton@srfcincl.com
DDR Gina Lemmons www.ddrinc.org	I/DD children and adults	CAP, Innovations, Innovations B3, Mecklenburg authorization Individual/family/case manager/care coordinator to contact; authorization required before service provided	Billed to Medicaid or LME/MCO	Community hourly or overnight	Mecklenburg, PBH, Sandhills, Pathways	Accept CAP, private pay Assessment is required to "match" respite worker with individual	704-573-9777 9822 Albemarle Rd Charlotte NC 28227
Lisa's Home Counseling and Care	Any age Reasonably safe situation	Weigh 150 lbs or less Self pay	\$10/hour or negotiable by day	Individual personal care Level 3 and under No CNA Up to 7 days or minimum 3 hours	Cleveland	Accept check prepayment or cash Apply with telephone interview	828-335-8740 Lisa Ann Toney Lisa68m@email.com
Person Centered Partnerships, Inc. Erica Corbin, CEO CAP Program	I/DD IIH	Medicaid CAP waiver Need referral from Care Coordinator	None to care recipient Medicaid only	Respite, enhanced respite, and crisis respite	Mecklenburg, Union, Cabarrus	Willing to negotiate private pay Contractual	Kina Scott Perkins 704-567-0790 5601 Executive Center Dr., Suite 201 Charlotte NC 28212

Angela S. Scott, CAP Coordinator www.pcpartnerships.org						Background check, application, crisis plan, individualized plan	
Turning Point Services, Inc. www.turningpointservicesinc.com	All ages, individuals with developmental disabilities	Established by lead CAP-MR/DD agency based upon Medicaid waiver criteria or by contractual arrangements	Medicaid via contract with other community agencies or private pay rates comparable to established Medicaid reimbursement	Varies depending on need	Mecklenburg		704-365-4781 4425 Randolph Rd, Ste 315 Charlotte NC 28211
Independent Opportunities, Inc. James Johnson, President/Owner www.chooseioi.com	All ages, all disabilities	Must have: PBH Innovations, Matrix Funding Medicaid CAP-ID (CAP-MR/DD) Private Pay	Funded services by Medicaid	Hourly (individual and group) respite B-3 Respite (PBH area)	Mecklenburg PBH (Rowan, Cabarrus, Stanly, Union, Davidson)	Referral (no restrictions) Intake application All potential participants are assessed and based on needs matched with available care providers	704-547-8521 704-547-8522 (fax) 9216 University City Blvd. Charlotte NC 28213 Greg Krypel gregkrypel_ioi@bellsouth.net
ARC of Orange County	Individual with developmental disability Child under 5 "at risk" of DD		Sliding scale	Occasional respite Also offer after-school programs and care during school holidays	Orange		919-942-5119 1777 N. Fordham Blvd., Ste201 Chapel Hill NC 27517 P.O. Box 2594 Chapel Hill NC 27515
Chatham Respite	Children and others with DD		Based on income	In-home companion sitter services	Chatham		919-663-2221 119 ½ Sl. 3 rd Ave Siler City NC 27344

**RESPIRE RESOURCES, CENTRAL REGION
CHILDREN UP TO 18**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Autism Society of North Carolina, Triangle Services Region www.autismsociety-nc.org	Individuals with Autism Spectrum Disorder (ASD), Autism, Asperger's, Rhett's, Fragile X, Communication Disabilities	Diagnosis of Autism or related communication disability (application for services has additional information)	CAP Private Pay: \$15/hour	CAP Respite, Cardinal Innovations Respite, Cardinal Innovations B3 Respite, In-home respite can include some personal care	Chatham, Durham, Johnson, Orange, Person, Wake	Interview required for 1:1 staff matching Application requires interviews with regional director and clinical supervisor and a psychological evaluation/diagnosis Referrals preferred but not required	919-865-2260 6300 Chapel Hill Rd, Ste 140 Raleigh NC 27607 David Ingram dingram@autismsociety-nc.org
1st in ProActive Care www.proactivecarenc.com	All ages Seniors, children with special needs, individuals recovering from illness, etc.		\$16-\$19/hour Special rates for overnight and 24-hour respite	In-home Periodic Around-the-clock	Forsyth, Guilford, Stokes, Davidson, Davie, Alamance, Yadkin, Rockingham	Must be within 45 minutes of Kernersville Accept Workers Compensation, private pay, VA benefits, Medicaid, CAP	336-992-2292 815 Old Winston Rd, Ste E Kernersville NC 27284 Cecily Hooks chooks@proactivecarenc.com
Quality Family Services Theron Norris, Owner Kim Lister, CAP Supervisor	MR/DD	Must receive CAP services. Call Kim Lister for respite services		Respite/enhanced respite	Mecklenburg	Services only available for CAP recipients.	704-219-7500 (Kim Lister) 704-536-9300 main 5109 Monroe Road Charlotte NC 28205
Richmond County Community Support Center Gladys Broome, Executive Director Families First Respite	Birth to 12	At risk Need-based	None to client, but participants should complete state surveys regarding need (programs paid for from the state)	Voucher, 10 days per year; holiday camp, 2 1-week sessions; week of spring break; first week after school ends (may change for 2012-2013 school year)	Richmond County residents only	Anyone can make a referral. No CAP services. Call for information about services	910-997-8440
Agape Family Center-Metrolina Aids Project (MAP) www.metrolinaaidsproject.org	Preschool children (6 weeks -5 yrs) infected with or affected by HIV/AIDS	Referral by case manager working with the family	None		Mecklenburg, Union		704-333-1435 127 Scaleybark Rd Charlotte NC 28209 P.O. Box32662 Charlotte NC 28232 Ann White awhite@metrolinaaidsproject.org
ARC of Durham County	Developmentally	Involved with the ARC	vouchers	Varies depending	Durham		919-493-8141

www.thearcdurhamcounty.org	disabled and families with children with developmental disabilities			on need			3500 Westgate Drive, Suite 303 Durham NC 27707
ARC of High Point Community Alternatives Program (CAP) www.arc-of-hp.com	Individual with DD	Approved for CAP slot	None		Guilford		336-883-0650 153 E Bellevue Dr. High Point NC 27265
Absolute Care Staffing www.absolutecarestaffing.net	Individuals with disabilities, including children Seniors	Non-medical personal care	Medicaid Hourly private pay		Durham, Johnston, Orange, Wake		919-784-9218 1-877-784-9218 111 Windel Dr., Ste 221 Raleigh NC 27609 absolutecarestaff@att.net
The Children's Home Foster Care Services www.tchome.com	Youths 2-21 in foster care	Must be current foster care client	Most services covered by 3 rd party payer	Temporary relief/support provided short-term and for special occasions	Forsyth		336-721-7625 1001 Reynolda Rd. Winston-Salem NC 27104-3245
Community Support Service LLC www.communitysupportservice.com	Individuals with I/DD diagnosis	CAP I/DD or Innovations Funding	None	Non-institutional respite (individual and group)	Alamance, Caswell, Chatham, Forsyth, Guilford, Orange, Person, Randolph		336-855-1810 866-691-1818 toll free 1-A Terrace Way Greensboro NC 27403 Michelle Maynard michelle@communitysupportservice.com
Exchange/SCAN Respite Care Cynthia Napoleon-Hanger, Executive Director Amanda L. Carrick, MA Deputy Director www.exchangescan.org	Children 0-17 at risk or abuse or neglect Parents who are overwhelmed and need a break	Call for information Depends on available placements, age of child, and any special needs of child	None	Immediate short-term placements Therapeutic and non-therapeutic placements	Forsyth, Surry, Stokes	We work with private respite providers and Children's Home of NC to find appropriate placements. Availability depends on the providers	336-948-9028 336-748-9030 (fax) 500 W. Northwest Blvd. Winston-Salem NC 27105
Children's Home Society of North Carolina Foster Care/Therapeutic Care www.chsnc.org	Children newborn-18			Respite and short-term care	Guilford		336-274-1538 1-800-632-1400 604 Meadow St. Greensboro NC 27405 P.O. Box14608 Greensboro NC27415-4608
Ralph Scott Lifeservices	Children and adults with developmental disabilities		Varies	In-home to CAP individuals approved for respite or private pay	Alamance, Caswell, Rockingham		336-227-1011 401 W. Trade St. Burlington NC27217

				Evening, overnight, or day service in our location Monthly respite play days Some additional activities			
Securing Resources for Consumers, Inc. www.srfcinc.com	Adults and children Need assistance with daily living Released from facility or hospital in need of rehab	Medicaid and Medicare recipients need doctor's referral	Medicaid Medicare Private pay \$16.50/hour		Chatham, Durham, Johnston, Orange, Wake	In-home service visit for intake	919-405-2700 3209 Yorktown Ave. Durham NC 27713 Ursula Singleton ursula.singleton@srfcinc.com
DDR Gina Lemmons www.ddrinc.org	I/DD children and adults	CAP, Innovations, Innovations B3, Mecklenburg authorization Individual/family/case manager/care coordinator to contact; authorization required before service provided	Billed to Medicaid or LME/MCO	Community hourly or overnight	Mecklenburg, PBH, Sandhills, Pathways	Accept CAP, private pay Assessment is required to "match" respite worker with individual	704-573-9777 9822 Albemarle Rd Charlotte NC 28227
LIFESPAN SERVICES LIFESPAN CAP Program www.lifespanservices.org	I/DD children and adults	Medicaid CAP funding required (referrals to come from Mecklenburg Mental Health)	None	Respite Currently not offering crisis, institutional, or nursing respite	Mecklenburg	LIFESPAN does not accept private pay for services	704-393-5916 3127 Kalyne St. Charlotte NC 28208
Person Centered Partnerships, Inc. Erica Corbin, CEO CAP Program Angela S. Scott, CAP Coordinator www.pcpartnerships.org	I/DD IIH	Medicaid CAP waiver Need referral from Care Coordinator	None to care recipient Medicaid only	Respite, enhanced respite, and crisis respite	Mecklenburg, Union, Cabarrus	Willing to negotiate private pay Contractual Background check, application, crisis plan, individualized plan	Kina Scott Perkins 704-567-0790 5601 Executive Center Dr., Suite 201 Charlotte NC 28212
Turning Point Services, Inc. www.turningpointservicesinc.com	Children-adults with developmental disabilities	Established by lead CAP-MR/DD agency based upon Medicaid waiver criteria or by contractual arrangements	Medicaid via contract with other community agencies or private pay rates comparable to	Varies depending on need	Mecklenburg		704-365-4781 4425 Randolph Rd, Ste 315 Charlotte NC 28211

			established Medicaid reimbursement				
Independent Opportunities, Inc. James Johnson, President/Owner www.chooseioi.com	All ages, all disabilities	Must have: PBH Innovations, Matrix Funding Medicaid CAP-ID (CAP-MR/DD) Private Pay	Funded services by Medicaid	Hourly (individual and group) respite B-3 Respite (PBH area)	Mecklenburg PBH (Rowan, Cabarrus, Stanly, Union, Davidson)	Referral (no restrictions) Intake application All potential participants are assessed and based on needs matched with available care providers	704-547-8521 704-547-8522 (fax) 9216 University City Blvd. Charlotte NC 28213 Greg Krypel gregkrypel_ioi@bellsouth.net
ARC of Orange County	Individual with developmental disability Child under 5 "at risk" of DD		Sliding scale	Occasional respite Also offer after-school programs and care during school holidays	Orange		919-942-5119 1777 N. Fordham Blvd., Ste201 Chapel Hill NC 27517 P.O. Box 2594 Chapel Hill NC 27515
Chatham Respite	Children and others with DD		Based on income	In-home companion sitter services	Chatham		919-663-2221 119 ½ Sl. 3 rd Ave Siler City NC 27344
Tammy Lynn Center www.tammylynncenter.org	Children under 18 with DD Children under 36 months at risk for DD	Wake County resident	Sliding scale	In-home short-term respite Monthly group respite care for those involved and siblings	Wake		919-832-3090 739 Chappell Rd Raleigh NC 27606

**RESPIRE RESOURCES, CENTRAL REGION
ADULTS 18+**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Central North Carolina Chapter/National Multiple Sclerosis Society Elizabeth Green, Chapter President Mark Scheerer www.nationalmssociety.org/ncc	People with MS and their families	Diagnosis of MS Live in 15-county chapter area; be registered with the chapter Caregiver lives with individual with MS Individual with MS depends on others for total care and support	None	Non-skilled nursing; CNA-level care 48 hours/year; in emergencies (death in family, caregiver illness, etc.) an additional 240 hours are available for a total of 288 hours/year	Alamance, Alleghany, Ashe, Caswell, Davidson, Davie, Forsyth, Guilford, Randolph, Rockingham, Stokes, Surry, Watauga, Wilkes, Yadkin	Excluded: individuals who receive services from other agencies; those who have private insurance that covers respite; those needing skilled care	336-299-4136 336-855-3039 (fax) 2211 W. Meadowview Rd, Ste 30 Greensboro NC 27407 Mark.scheerer@nmss.org
Always Best Care of the Northern Piedmont Pastor Philip Stringer www.alwaysbestcareforenseniors.com	Seniors and other adults with disabilities and/or recovering from injury; Alzheimer's/dementia patients; expectant mothers on bed rest; or new mothers who need a little help for a few days. Emergency respite care may be available upon short notice.	Start-of-Care assessment.	Hourly care: \$17/hour; 12-hour "sleep shift": \$175; 24-hour "sleep shift": \$240; free assistance in locating respite at assisted living community. Rates may vary according to circumstances.	Hourly, overnight, or live-in (24-hour care 24/7/365. No minimum number of days. Respite stay at assisted living community cannot exceed 30 days. Services limited to non-medical care	Guilford, eastern Rockingham, and eastern Forsyth	We often work with medical home health agencies or private-duty nurses. We accept private payment and long-term care insurance. Veterans and spouses may qualify for VA reimbursement	336-285-9480 P.O. Box 20325 1451 S. Elm-Eugene St., Suite 2118 Greensboro, NC 27420
Always Best Care Senior Services Dan Gregory, Agency Director www.alwaysbestcareraleighdurhamwakeforest.com	Generally 55 and older with Alzheimer's, Parkinson's, MS, fractures, incontinence, and other physical or cognitive impairments	Safe environment, necessary equipment must be available and in good working order; Nursing Supervisor to address other safety and care concerns.	Varies by acuity level as determined by nursing supervisor: \$18 to \$21 hourly and \$215 to \$300 daily	Hourly (minimum of 3 hours) Daily (24-hour period)	Wake, Durham, Franklin, Granville, and Vance	Private pay (check or credit card) or long-term care insurance provided eligibility requirements met.	336-285-9480 P.O. Box 20325 1451 S. Elm-Eugene St., Suite 2118 Greensboro, NC 27420
The Enrichment Center of Lee County-Respite Referral Program	Caregivers of seniors	Referral program only to help caregivers find	None for referral	Adult respite	Lee	Family interviews,	919-776-0501 1615 South Third St.

www.leecountync.gov		help	Private pay for worker			hires, and pays worker	Sanford NC27330
Adult Center for Enrichment, Inc. Chip Cromartie, Executive Director ACE at Bardolph, ACE at Caldwell, ACE at River Landing, ACE at Muir's Chapel, ACE at First Baptist, ACE at Temple, CarePartners at Home www.ACEcare.org	18 and older, primary diagnosis Alzheimer's or related dementia Average age 76	Must call for an individual assessment to determine eligibility	Adult Day Centers \$57+ per day, Group Respite \$37+ per day, CarePartners at Home no cost. Discounts and scholarships available on a limited basis.	Volunteer in-home respite, group respite sites, adult day centers	Guilford	No referral required. Funding includes private pay, VA, Medicaid CAP, HCCBG, SSBG, etc.	336-274-559 P.O. Box 13048 Greensboro NC 27415 info@ACEcare.org
DAYBreak Respite Care www.centenary-ws.org	Older frail and/or forgetful adults Unable to stay alone safely	Stable health Able to transfer independently or with little assistance	\$35/session (10a.m.-3p.m.) Cost includes lunch and all program supplies CAP accepted	Group respite 5 hours/day Monday, Tuesday, Thursday, Friday	Forsyth and surrounding	Accept cash or check Contact director for information	336-397-1345 Centenary United Methodist Church P.O. Box 658 Winston-Salem NC 27102 Janet C. Sawyer, Director jsawyer@centenary-ws.org
1st in ProActive Care www.proactivecarenc.com	Seniors, children with special needs, individuals recovering from illness, etc.		\$16-\$19/hour Special rates for overnight and 24-hour respite	In-home Periodic Around-the-clock	Forsyth, Guilford, Stokes, Davidson, Davie, Alamance, Yadkin, Rockingham	Must be within 45 minutes of Kernersville Accept Workers Compensation, private pay, VA benefits, Medicaid, CAP	336-992-2292 815 Old Winston Rd, Ste E Kernersville NC 27284 Cecily Hooks chooks@proactivecarenc.com
Senior Alternatives of Davie	Seniors		\$39.50/day	Group respite	Davie		336-753-6633 1259 Yadkinville Rd. Mocksville NC27028
Senior Services, Inc., Elder Care Choices www.seniorservicesinc.org	Caregivers of aging relatives or friends	Must be an employee of a contracting company	Contract	Adult respite	Forsyth		336-748-2171 2894 Shorefair Drive Winston-Salem NC27105 Annamae Giles
Shepherd's Center of Greater Winston-Salem, Faith in Action Care Program	Homebound 50+		None	In-home respite	Forsyth	Appointment and professional assessment required Average waiting period is 2 weeks to 3 months	336-748-0217 1700 Ebert St. Winston-Salem NC 27103 shepcntr@bellsouth.net

Shepherd's Center of Kernersville Respite Care Program www.shepctrkville.com	Chronically ill older adults Adults with permanent disabilities	Must be independent in bathroom and not require lifting Must be able to take own medication	None	In-home respite	Forsyth	Call for appointment for in-home assessment	336-996-6696 431-B W. Bohenger St. Kernersville NC 27284 P.O. Box 27285 Kernersville NC 27285
The Enrichment Center of Lee County-Family Caregiver Program www.leecountync.gov	Caregivers of seniors		None	Adult respite	Lee		919-776-0501 1615 South Third St. Sanford NC 27330
Shining Stars Adult Day Respite	55+ memory impaired	Do not require "hands on" care Can use walker or cane but cannot be wanderer	\$40/day includes supplies, snack, and lunch \$35/2-3 days \$30/4 & 5 days	Adult day respite at either St. Gabriel Catholic Church or Sardis Presbyterian	Mecklenburg	Intake Process: screen via free day with group Take Folstein Mini Mental Status Test	704-335-0253 St. Gabriel Catholic Church 3016 Providence Rd. Charlotte NC 28211 Mailing: 1844 Sterling Rd. Charlotte NC 28209-1608
Surry County Friends of Seniors www.surry.com	60+ or cognitively impaired (FCSP respite) 60+ (Chore respite)	FCSP respite: need help with 2 ADLs	Grant programs; accept donations	In-home aide care	Surry		336-783-8500 1218 State St., Ste 200 Mount Airy, NC 27030 seniorservices@co.surry.nc.us
The Center for Volunteer Caregiving www.volunteercaregiving.org	18-60 with disability or chronic health issue 60+ with economic or social needs	Wake County resident living at home At risk of compromised health or institutional placement	None	In-home respite	Wake	Intake process by phone to verify eligibility and arrange for home visit	919-460-0567 975 Walnut St., Ste 311 Cary NC 27511 caregiving@ctrvolcare.org
Abundant Living Adult Day Services www.lsanc.net	18+ frail, elderly, or disabled	Pre-admission physical; complete application packet	Private Pay - \$49-\$59 per day. Bathing \$20 per bath	Therapeutic activities, health monitoring and socialization; registered nurse and CNAs provide health and medical monitoring, medication administration, and assistance with personal care.	Rowan	Assistance through Veterans Administration, CAP, Rowan County Department of Social Services, Rowan Department of Senior Services and scholarships	1416-A S. Martin Luther King, Jr. Ave. Salisbury NC 28144 (703) 367-3940
Access Senior Care www.accessseniorcare.com	Seniors needing help with daily living		Varies depending on level of care		Alamance, Forsyth, Guilford,	Accept Medicaid, LTC insurance,	336-944-4411 1101 Norwalk St. P.O Box 4344 Greensboro NC 27404

					Randolph, Rockingham	private pay	
Adult Day and Respite Care Program www.adultdayandrespitecarecenter.org	Elderly Developmentally disabled adults 18+	Enrollment application & medical form from physician required. Documentation of payment source required	Varies depending on level of assistance	Adult day	Guilford		336-852-8338 3107 Groometown Rd. Greensboro NC 27407 adaycare@bellsouth.net
Care Solutions Anzie Horn, Director Respite Program provided by NC Family Caregiving Support www.caresolutions.org	Adults 60+ CAP/DA(Community Alternative Program for Disabled Adults) Adults 18+	Family caregiver of adult 60+, with economic need Grandparent/step-grandparent over 60 caring for child under 18 with mental/developmental disabilities Caregivers must meet NC Family Caregiver Support Program Guidelines	Contribution offered to caregiver for respite; no cost for CAP/DA participants.	Respite CAP/DA	Cleveland	There is a waiting list for CAP/DA intakes. Families can pay for private assessments. There is an application process for respite.	980-487-4777 704-487-4209 (fax) 208 E. Grover St, Shelby NC 28150
Southeastern Wake Adult Day Care & Health Center www.sewake.qpg.com	50+ and/or disabled adult		Vary	Adult day	Wake		919-231-2245 2034 New Bern Ave. Raleigh NC 27610 sewadc@aol.com
St. Andrews Presbyterian Church www.sapc.com	Adults caring for aging parents or other loved ones			In-home respite	Wake		919-847-1913 7506 Falls of the Neuse Rd. Raleigh NC 27615 Cindy Ingalls cingalls@sapc.com
Chatham County Department of Social Services Adult Services	18+ physically and mentally challenged	Chatham County resident	None Voluntary cost-sharing option for in-home aide	In-home respite Adult day	Chatham		919-542-2759 102 Camp St. P.O. Box 489 Pittsboro NC27312 Ethel Farrell ethel.farrell@ncmail.net
Chatham County Council on Aging Family Caregiver Support Angel Dennison, Executive Director Sadie McLaurin, Deputy Director www.chathamcouncilonaging.org	Caregiver (any age) of adult 60+ OR with Alzheimer's or related brain disorder Caregiver (not birth or adoptive parent) 55+ raising related child 18 and under OR adult with disability	Must be Chatham County resident		In-home respite, adult day care, or placement in a facility for a short time	Chatham	<i>Eastern Chatham Senior Center</i> , 365 Hwy 87 N, Pittsboro NC (919) 542-4512 <i>Western Chatham Senior Center</i> , 112 Village Lake Rd, Siler City NC (919) 742-3975	919-542-4512 P.O. Box 715 Pittsboro NC 27312
A Helping Hand	60+with temporary		\$19/hour	In-home,	Durham,	Generally UNC-	919-969-7111

www.ahelpinghandnc.org	or permanent disabilities Those recovering from accidents or injuries Alzheimer's Others with disabilities or developmental disabilities		Subsidized rate available based on income, depending on grants and donations	although transportation and outings can be included	Orange, Chatham, and western Wake	CH or Duke healthcare majors	1502 W.NC Hwy 54, Ste 405 Durham NC 27707 Mailing: 1777 Fordham Blvd, Ste 202-2 Chapel Hill NC 27514 Cathy Ahrendsen cathy@ahelpinghandnc.org
ARC of Wake County www.arcwake.org	Adults with developmental or multiple disabilities	Intake through Wake County Human Services	Sliding scale		Wake		919-832-2660 1300 St. Mary's St. Ste 502 Raleigh NC 27605
Absolute Care Staffing www.absolutecarestaffing.net	Seniors Individuals with disabilities, including children	Non-medical personal care	Medicaid Hourly private pay		Durham, Johnston, Orange, Wake		919-784-9218 1-877-784-9218 111 Windel Dr., Ste 221 Raleigh NC 27609 absolutecarestaff@att.net
Bayberry Retirement Inn www.thebayberryinn.com	Seniors	Ambulatory or semi-ambulatory	Respite stays \$49/day; VA assistance may apply	Retirement living facility also offers respite stays and vacations stays when family is away	Lee	Completed reservation card, medical form, in-person visit needed for intake	919-774-7170 1-800-552-8785 2002 Woodland Ave. Sanford NC 22330
Brian Center Health and Rehabilitation	18+ in need of in-patient care		Call for fee structure. Medicaid, Medicare, private insurance and private pay accepted	Skilled respite care	Durham		919-544-9021 6000 Fayetteville Rd Durham NC 27713
Davie County Senior Services Caregiver Program	60+ needing help with a least 2 ADLs	Davie County resident	Donation requested		Davie		336-751-5745 278 Merony St. Mocksville NC 27028
Caregiver Relief Services, LLC	Caregiver of adult			Non-medical in home	Wake		919-926-1205 8409 Longfield Drive Raleigh NC 27616 caregiverreliefservices@gmail.com
Caregiver Respite Stipend Program www.senioradults.org	18+ caring for adult 60+ with Alzheimer's or specific neurological disorder	Recipient must have dementia or need assistance with 2 ADLs	Voluntary contributions accepted	\$200 stipend for 2-day respite from caregiving	Randolph	Funds limited to first-come first-serve	336-635-3389 133 W. Wainman Ave Asheboro NC 27203 P.O. Box 1852 Asheboro NC27204

							rcaaa@senioradults.org
Caregivers of Rockingham County	Primary caregiver of adult 60+ and/or permanently or temporarily disabled	Resident of Rockingham County	None	Varies	Rockingham		336-361-0971 629 S Main St Reidsville NC 27320 P.O. Box 1080 Reidsville NC 27323 carerock@vnet.net
Care Partners at Home, Adult Center for Enrichment www.acecare.org	Adult 21+ caring for loved one in home	Call to set up in-home visit to determine eligibility	No fees for most services	Trained volunteers come for a few hours/week for in-home respite	Guilford		336-274-3559 122 North Elm St, Ste 600 Greensboro NC 27401 P.O. Box 13048 Greensboro NC 27415
Community Adult Respite Experience, Inc. (CARE)	Adult 60+ with cognitive or physical condition that requires supervision	Must be independent with toileting and feeding	\$25/day	4 hours in CARE Café; snack and lunch provided	Stanly		704-986-2273 1003 Meadow St. Albemarle NC 2828001 carecafe@windstream.net
Community Support Service LLC www.communitysupportservice.com	Individuals with I/DD diagnosis	CAP I/DD or Innovations Funding	None	Non-institutional respite (individual and group)	Alamance, Caswell, Chatham, Forsyth, Guilford, Orange, Person, Randolph		336-855-1810 866-691-18187 toll free 1-A Terrace Way Greensboro NC 27403 Michelle Maynard michelle@communitysupportservice.com
Rockingham County Council on Aging Community Alternatives Program (CAP)	60+ Medicaid eligible Adult any age with disability	Medicaid recipient		In-home	Rockingham		336-342-6714 105 Lawsonville Ave, P.O. Box 1915 Reidsville NC 27323
Council on Aging (Union County) www.coaunion.org	60+	Union County resident	None but donations accepted	In-home respite	Union		704-292-1797 216 N. Hayne St. Monroe NC 28112 P.O. Box 185 Monroe NC 28111
Cross Road Retirement Community www.cross-road.org	Caregivers (and families) of those with Alzheimer's			Caregiver's Day Out 2 days a week; includes lunch, snack, and activities	Randolph	Cross Roads Community provides respite in cooperation with First Christian Church of Ramseur and First Baptist Church of Randleman	336-629-7811 1302 Old Cox Rd. Asheboro NC 27205
Cabarrus County Department of Aging	60+nonpaid full-time	Depends on program	Depends on	FCSP respite	Cabarrus		704-920-3494

www.cabarruscounty.us/aging	caregiver of individual who can't be left alone Adults with mental and/or physical impairments who cannot be left alone		service	In-home respite Day care			331 Corban Ave. S.E. Concord NC 28025 P.O. Box 707 Concord NC 28026-0707 Senior_center@cabarruscounty.us
Davidson County In Home Services www.co.davidson.nc.us	60+, needs help with personal care	Resident of Davidson County; assessment to determine level of care	Cost-sharing program	In home	Davidson		336-242-2290 555-B West Center St. Ext Lexington NC 27295
Developmental Disability Services (WCHS-Adult Services) www.co.wake.nc.us	Adults with disabilities	Determined by specific program	Determined by service	Adult respite care	Wake	Contracts with local private agencies Entry through DD Single Portal/Early Intervention	919-856-6400 Community Services Center 401 E. Whittaker Mill Rd Raleigh NC 27608 WCHS-Adult Services P.O. Box 46833 Raleigh NC 27602
Family Caregiver Support Program	Caregiver of adult 60+ with dementia or Alzheimer's or unable to perform 2 ADLS		Consumer contributions are accepted	In-home and community support Adult day care	Rowan		704-637-3940 1416-A S. Martin Luther King Jr. Blvd. P.O. Box 497 Salisbury NC 28144
Growing in Care	Persons with developmental disabilities Individuals with AIDS	Medicaid recipient	Varies according to needs	In-home aide, non-institutional respite for adults with disabilities and those with AIDS	Mecklenburg, Union		704-393-8206 2137 B Ave. Charlotte 28216
Hearthside Home Care www.hearthsidehomecare.com	Individuals needing assistance with ADLs Alzheimer's patients		Private Pay Agency is also Medicaid (PCS and CAP provider)	In-home respite Personal care	Guilford		336-808-1351 1-866-808-1351 505 State Street Greensboro NC 27405 P.O. Box 9383 Greensboro NC 27429
Home Instead Senior Care www.homeinstead.com	Seniors		\$14-16.50/hour Special rates for 24-hour and overnight care	In-home, non-medical respite for family caregivers Personal care	Cabarrus	VA, LTC insurance, and private pay	704-788-3399 653 Church St, North Concord NC 28025 homeinstead@ctc.net
In-home Aide Program, RCS-Asheboro	Adult	Randolph County resident; other requirements vary		In home respite	Randolph		336-629-5141 221 S Fayetteville St Asheboro NC 27203 P.O. Box 1883 Asheboro NC 27204-1883
Lee County Department of Social Services	Seniors	Go to website for		Adult respite	Lee		919-718-4690

www.leecountync.gov		details					530 Carthage St. Sanford NC 27330
Legacy Heights Senior Living www.legacyheightsseniorliving.com	Seniors not residing at the facility			Respite for non-residential seniors who need a temporary intermission	Mecklenburg, Union		704-544-7255 11230 Ballantyne Trace Ct. Charlotte NC 28277
Ralph Scott Lifeservices	Children and adults with developmental disabilities		Varies	In-home to CAP individuals approved for respite or private pay Evening, overnight, or day service in our location Monthly respite play days Some additional activities	Alamance, Caswell, Rockingham		336-227-1011 401 W. Trade St. Burlington NC27217
Securing Resources for Consumers, Inc. www.srfcinc.com	Adults and children Need assistance with daily living Released from facility or hospital in need of rehab	Medicaid and Medicare recipients need doctor's referral	Medicaid Medicare Private pay \$16.50/hour		Chatham, Durham, Johnston, Orange, Wake	In-home service visit for intake	919-405-2700 3209 Yorktown Ave. Durham NC 27713 Ursula Singleton ursula.singleton@srfcinc.com
Stanly County Senior Services www.co.stanly.nc.us/Departments/SeniorServices	60+	Stanly County resident	None, but voluntary contributions are accepted	In home respite	Stanly		704-986-3769 283 North Third St. Albemarle NC 28001 Mary Troutman 704-986-3772 mtroutman@stanlycountync.gov
Life Center of Davidson County www.lifecenterdavidson.com	18+ and/or impaired		\$40/45/55 per day depending on level of care needed Scholarships available	Adult day care	Davidson, Davie, Forsyth, Randolph, Rowan		336-249-2155 601 W. Center St. Lexington NC27292 lifecenter@lexcominc.net
Lisa's Home Counseling and Care	Any age Reasonably safe situation	Weigh 150 lbs or less Self pay	\$10/hour or negotiable by day	Individual personal care Level 3 and under No CNA Up to 7 days or	Cleveland	Accept check prepayment or cash Apply with telephone interview	828-335-8740 Lisa Ann Toney Lisa68m@email.com

				minimum 3 hours			
Lutheran Services for the Aging, Inc. www.lsancc.net	Seniors			Adult respite	Rowan		704-637-2870 1416 S. Martin Luther King Jr. Ave. Salisbury NC 28144 P.O. Box 947 Salisbury NC 28145 contactus@lsancc.net
Visiting Angels of Charlotte www.visitingangels.calls.net	Adults	Ability to pay or approved authorization through VA	\$18.50/hour for personal care \$18.00/hour for companion care Accept private pay, LTC insurance No CAP	Non-medical assistance with activities of daily living	Mecklenburg and Cabarrus	3-hour minimum Agency RN prepares plan of care Non-medical care; medicine reminders Call to set up service	704-549-4010 125 Floyd Smith Office Park Dr., Suite 180 Charlotte NC 28262 Jill.stewart@visitingangels.com
Better Days Ahead	Elderly 18+ with mental or physical challenge		\$41.51/day	Adult day	Edgecombe, Nash		252-972-4080 252-972-3389 1107 N. Fairview Rd Rocky Mount NC27801
Quality Home Staffing www.qualityhomestaffing.com	Adults needing some assistance CAP-MR/DD	Contact for information	Contact for information	In-home In-facility Some overnight Some personal care	Pitt	Care can be customized to fit needs	info@qualityhomestaffing.com 300 D West Arlington Blvd. Windsor NC 27983
Rockingham County Council on Aging	60+	Non-Medicaid		Adult respite	Rockingham		336-342-6714 105 Lawsonville Ave. P.O. Box 1915 Reidsville NC 27323
University Adult Day Care, Inc.	18+		Call for information	Adult day care	Cabarrus, Mecklenburg, Union		704-510-0030 1324 John Kirk Dr. Charlotte NC 28262
CNC/Access Periodic Support Services	Adults with disabilities	Private Pay OR meet Medicaid definition of ICMFR	Call	In-home or day care	Wake	Referral through Wake County Human Services Single Portal; some private contracts	919-836-1978 211 E. Six Forks Rd, Ste 105 Raleigh NC 27609
LIFESPAN SERVICES LIFESPAN CAP Program www.lifespanservices.org	I/DD children and adults	Medicaid CAP funding required (referrals to come from Mecklenburg Mental Health)	None	Respite Currently not offering crisis, institutional, or nursing respite	Mecklenburg	LIFESPAN does accept private pay for services	704-393-5916 3127 Kalyne St. Charlotte NC 28208
Mecklenburg County Department of Social Services	Caregivers of adult	Care recipient must	None,	Short-term,	Mecklenburg	Inquiries come	704-432-1111

<p>Family Caregiver Support Program Project CARE (Caregivers Alternative to Running on Empty) www.mecklenburgcountync.gov</p>	<p>60+ with dementia and/or is unable to perform at least 2 ADLs; caregivers of adults with Alzheimer's or dementia; relative caregivers 55+ caring for minor child/children</p>	<p>live in Mecklenburg County Care recipient must not receive CAP</p>	<p>although caregivers are encouraged to contribute to cost of service, unless they are below poverty level</p>	<p>temporary respite in the form of adult day care, in-home respite, and institutional respite; support groups</p>		<p>from Just1Call intake, other agencies, individuals, and caregivers. A social worker contacts the family and completes an assessment</p>	<p>301 Billingsley Road Charlotte NC 28211</p>
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**RESPIRE RESOURCES, WESTERN REGION
ALL AGES**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Autism Society of North Carolina, Western Region www.autismsociety-nc.org	Individuals with DD and their families	Innovations, State funded, and/or private pay	Please call for information	One on One	Cherokee, Graham, Clay, Macon, Swain, Jackson, Haywood, Transylvania, Buncombe, Henderson, Madison, Polk, Rutherford, McDowell, Mitchell, Yancey	We serve individuals on the autism spectrum and their families CAP no longer accepted	828-236-1547 30 Garfield St., Suite F Asheville NC 28803 Joe Yurchak jyurchak@autismsociety-nc.org
Care Partners	All ages			In-home care	Buncombe, Henderson	Payments are through private pay, long-term care insurance, Project CARE, some small grants	828-277-4777
High Country Caregiver Foundation Brenda Reece, Executive Director www.highcountycaregiverfoundation.org	Family caregivers	Avery or Watauga County resident not already receiving a similar service	Donations appreciated	In-home, group, or institutional respite Voucher Program	Watauga, Avery		828-265-5434, ext.128 P.O. Box3356 Boone, NC 28607 breece@regiond.org
Carolina Home Care Specialists	All ages			In-home respite Levels 1 and 2	Yancey, Mitchell, Madison, Buncombe	Payments are through HCCF vouchers, private pay, LTC insurance, Project CARE, CAP Medicaid	828-765-4343 Donna Luttrell
PSA Healthcare, Inc. www.psahealthcare.com	All individuals with MR/DD	Must have CAP Medicaid or be privately funded	None	Individual, group, community respite LPN, RN	Statewide Regional office in Buncombe		828-684-3329 38 Rosscraggon Rd, Suite G Asheville NC 28803
Appalachian Home Care	All ages			In-home respite levels 1	Yancey, Mitchell	Payments are through HCCF	828-963-8233 Ellen Harrell

				and 2		vouchers, private pay, long-term care insurance, Project CARE, CAP Medicaid	
Avery Home Care	All ages			In-home levels 1 and 2	Yancey, Mitchell	Payments are through HCCF vouchers, private pay, long-term care insurance, Project CARE, and CAP Medicaid	828-733-1062 Carolyn Holland
Compassionate Hearts Home Care	All ages			In-home respite level 1 and 2	Mitchell	Payments are through HCCF vouchers, private pay, long-term care insurance, Project CARE, and CAP Medicaid	828-733-9928
Community Alternatives Program-North Carolina Outreach Home Care www.ncoutreach.com	CAP-DA, CAP/C, CAP-IDD	Must be eligible for Medicaid and approved through local DSS, Carolina Center of Medical Excellence or local MCO, respectively	Call for information		Haywood, McDowell, Mitchell, Rutherford, Transylvania, Yancey		327 North Logan St Marion NC 28752 828-6522112 Heather Effler ext. 208 Heather.effler@ncoutreach.com
Developmental Disabilities Services	All ages		Sliding fee scale. Medicaid, Medicare, insurance, self-pay		Watauga		895 State Farm Rd, Suite 504 Boone NC 82607 828-262-9933
Handicare Services/Personal Care Services	All ages	Vary	Vary	Respite care for caregivers; in –home aides	Burke		828-437-8429 104 Main St Drexel NC 28619 (P.O. Box 1778)
Hospice and Home Care of Alexander County, Inc. www.hospiceandhomecarealexander.org	All ages	Hospice respite: terminally ill prognosis. Home care services require physician's order and Medicaid. Private pay clients must	Depends on circumstances		Alexander, Caldwell, Catawba, Iredell, Wilkes	Call for more information	828-632-5026 50 Lucy Echerd Lane (10 Lucy Echerd Lane for home care) Taylorsville NC 28681 hospicealex@charternet.com

		have medical condition requiring in-home assistance					
Life o' Mike www.lifeomike.org	Family members of seriously ill or newly disabled people		None		Buncombe	We do not administer medications	828-243-6712 70 Woodfin Place Asheville NC 28801 P.O. Box 1213, Asheville NC 28802 lfeomike@gmail.com
New River Behavioral Health care, Respite Care Program	Any individual having or at risk of having a developmental disability Any child with a mental health diagnosis Siblings		Sliding scale based on income and persons in family	Temporary, intermittent, residential	Watauga		828-262-9933 895 State Farm Rd., Ste 404 Boone NC 28607
Yancey County CAP/DA	Children and adults	Qualify for CAP Medicaid	CAP Medicaid, VA funding, private pay, some insurance		Yancey	MD must fill out FL-2 form	828-682-7967 200 Medical Campus Drive Burnsville NC 28714
Bright Star	All ages		\$17.00-19.00	Level I and II	Polk		864-599-0452
Carolina Home Care	All ages			Level I, II, III	Rutherford	CAP-DA lead agency	828-245-3575
Comfort Keepers of Asheville Homemaker Home Health Aide Steve Worley	Any age	Ability to pay	\$18.00 We accept private pay, VA, and long term care insurance	Whatever is needed, from companionship to personal care	Buncombe, Henderson, Polk		828-687-1199 450 Airport Rd. Fletcher NC 28732
Maxim Healthcare Services Chris Stevens, Asheville Branch Administrator www.maxhealth.com	Varies Children, IDD, adult, geriatric	None	None	Both medical and non-medical	Western NC	CAP, private pay, LTC, private insurance	828-299-4388 1269 Tunnel Road, Suite C-E Asheville NC 28805

**RESPITE RESOURCES, WESTERN REGION
CHILDREN UNDER 18**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Autism Society of North Carolina, Western Region www.autismsociety-nc.org	Individuals with DD and their families	Innovations, State funded, and/or private pay	Please call for information	One on One	Cherokee, Graham, Clay, Macon, Swain, Jackson, Haywood, Transylvania, Buncombe, Henderson, Madison, Polk, Rutherford, McDowell, Mitchell, Yancey	We serve individuals on the autism spectrum and their families CAP no longer accepted	828-236-1547 30 Garfield St., Suite F Asheville NC 28803 Joe Yurchak jyurchak@autismsociety-nc.org
Jackson County Family Resource Center Ginger Hill, Director Carrie Swanson, Respite Care Coordinator	Birth to 17 (Seven County Respite Voucher) Birth to 13 (Family Rest Stop) 3 to 17 with diagnosed disability (Smoky Respite)	Complete application, meet income guidelines, and have indicated stressors in home	None	Reimbursement Center based	Jackson, Haywood, Swain, Macon, Graham, Clay, Cherokee	Contact Family Resource Center for application. Referrals not needed	828-586-2845 P.O. Box 250 1528 Webster Rd Webster NC 28788
Carolina Home Care	All ages			Level I, II, III	Rutherford	CAP-DA lead agency	828-245-3575
Bright Star	All ages		\$17.00-19.00	Level I and II	Polk		864-599-0452
Community Alternatives Program-North Carolina Outreach Home Care www.ncoutreach.com	CAP-DA, CAP/C, CAP-IDD	Must be eligible for Medicaid and approved through local DSS, Carolina Center of Medical Excellence or local MCO, respectively	Call for information		Haywood, McDowell, Mitchell, Rutherford, Transylvania, Yancey		327 North Logan St Marion NC 28752 828-6522112 Heather Effler ext. 208 Heather.effler@ncoutreach.com
Transylvania County DSS, Emergency/Respite Child Care	Preschool age children of families in crisis	Transylvania County resident	Free		Transylvania		106 East Morgan St Brevard NC 28712

www.transylvaniacounty.org/ss.htm							828-884-3174
PSA Healthcare, Inc. www.psahealthcare.com	All individuals with MR/DD	Must have CAP Medicaid or be privately funded	None	Individual, group, community respite LPN, RN	Statewide Regional office in Buncombe		828-684-3329 38 Rosscraggon Rd, Suite G Asheville NC 28803
Caring for Children, Respite Scholarship Program www.caring4children.org	Families of children birth to 18	Children have serious emotional, behavioral, and mental health needs	Free	Children's respite care	Buncombe	Provides scholarship funds for stipends to provide respite, collaborating with child welfare, mental health, juvenile justice, family/community organizations, and educational system	828-768-8077 50 Reddick Rd Asheville NC 28805 P.O. Box 19113 Asheville NC 28815 Danyale Isaacs infor@caring4children.org
Carolina Home Care Specialists	All ages			In-home respite Levels 1 and 2	Yancey, Mitchell, Madison, Buncombe	Payments are through HCCF vouchers, private pay, LTC insurance, Project CARE, CAP Medicaid	828-765-4343 Donna Luttrell
Developmental Disabilities Services	All ages		Sliding fee scale. Medicaid, Medicare, insurance, self-pay		Watauga		828-262-9933 895 State Farm Rd, Suite 504 Boone NC 82607
Appalachian Home Care	All ages			In-home respite levels 1 and 2	Yancey, Mitchell	Payments are through HCCF vouchers, private pay, long-term care insurance, Project CARE, CAP Medicaid	828-963-8233 Ellen Harrell
Avery Home Care	All ages			In-home levels 1 and 2	Yancey, Mitchell	Payments are through HCCF vouchers, private pay, long-term care insurance, Project CARE, and CAP Medicaid	828-733-1062 Carolyn Holland
Compassionate Hearts Home Care	All ages			In-home respite level 1 and 2	Mitchell	Payments are through HCCF vouchers, private pay, long-term care insurance, Project	828-733-9928

						CARE, and CAP Medicaid	
Handicare Services/Personal Care Services	All ages	Vary	Vary	Respite care for caregivers; in – home aides	Burke		828-437-8429 104 Main St Drexel NC 28619 (P.O. Box 1778)
Yancey County CAP/DA	Children and adults	Qualify for CAP Medicaid	CAP Medicaid, VA funding, private pay, some insurance		Yancey	MD must fill out FL-2 form	828-682-7967 200 Medical Campus Drive Burnsville NC 28714
New River Behavioral Health care, Respite Care Program	Any individual having or at risk of having a developmental disability Any child with a mental health diagnosis Siblings		Sliding scale based on income and persons in family	Temporary, intermittent, residential	Watauga		828-262-9933 895 State Farm Rd., Ste 404 Boone NC 28607
Angel Watch CARING for Children	Children 0-6 and siblings up to 10 where families are in crisis due to illness, substance abuse, domestic violence, or homelessness	Families are in crisis due to illness, substance abuse, domestic violence, or homelessness.	Free	Out of home temporary respite at least one night	Buncombe	Spanish available. Program finds appropriate, voluntary placement. DSS involvement is not required but may be necessary. Placement is for up to 90 days	828-298-8736 Susanna Steffan
Maxim Healthcare Services Chris Stevens, Asheville Branch Administrator www.maxhealth.com	Varies Children, IDD, adult, geriatric	None	None	Both medical and non-medical	Western NC	CAP, private pay, LTC, private insurance	828-299-4388 1269 Tunnel Road, Suite C-E Asheville NC 28805
Family Support Network for Western NC www.familysupportnetworkWNC.org	Children with special needs (under age of 18)			Upon request will provide respite resources and support	Buncombe, Henderson, Madison, Transylvania and inquiries about Rutherford and Polk		888-810-2800
Family Support Network of the High Country www.parent2parenthighcountry.org	Children with special needs (under 18)			Upon request will provide respite resources and support	Mitchell, Yancey		828-262-6089

**RESPIRE RESOURCES, WESTERN REGION
ADULTS 18+**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Advantage Home Care	60+ 18+	Low income		In-home respite levels 1 and 2	Buncombe	Referrals from the Council on Aging of Buncombe County For people under 60, referrals come from Buncombe County DSS	828-225-0810
Advantage Home Care	60+	Low income		In-home respite Level 2 care.	Henderson	Referrals usually are made through a social worker or nurse	828-696-2449
Care Partners	18+ Frail, need help with ADLs Basic care Need socialization		\$50/full day	Adult day care	Buncombe and surrounding	We take VA, Medicaid, CAP/DA, CAP-MR/DD, block grant We have scholarships available	828-277-3399 Ruth Butler
Care Partners	18+ Frail, need help with ADLs Basic care Need socialization		\$50/full day	Adult day care	Buncombe and surrounding	We take VA, Medicaid, CAP/DA, CAP-MR/DD, block grant We have scholarships available	828-277-3399 Ruth Butler
CarePartners Adult Day Services Alyson Johnson-Sawyer, Executive Director www.carepartnershealthservices.org	High functioning adults with dementia 18 and older; most participants are elderly and suffer from dementia	Application packet followed by a "First Day Visit" to determine appropriateness. Adult Day Services participants are unable to remain safely at home during the day but cannot be dangerous to other participants.	Registration fee of \$25.00. Rates for day services depend on the level of care required. Half-day rates range from \$28.25 to \$40.25; full-day range from \$48.25 to	Day Services are half or full-day and include some type of meals and direct staff care. Participants in Club CarePartners go out in the community. September 2012, overnight respite will be available for up	Buncombe primarily, although some participants from Madison, Henderson, Transylvania, Haywood, and McDowell counties travel to Asheville.	Primarily private pay, although there is some financial support from other programs. The VA pays for eligible veterans who qualify. We accept a limited number of CAP recipients	828-277-3399 828-277-4855 (fax) 68A Sweeten Creek Rd Asheville, NC 28803 info@carepartners.org

		Healthcare forms require doctors' signature. Club CarePartners are in early states of dementia and require minimum assistance.	\$60.25. Club CarePartners is \$35/day (1- to 3)	to 4 participants a night (rates to be determined)			
Council on Aging of Buncombe County	60+	For Family Caregiver Support Program respite, individual needs help with 2 ADLs or has dementia, needs 24/7 care, and has no support other than caregiver		In-home aide level 1 FCSP Respite Family can choose in-home or adult day care	Buncombe	Block Grant Level 1 Cannot qualify for PCS through DSS	828-277-8288 Donna Case
Day Stay	18+ Frail, need help with ADLs Basic care socialization		\$50/full day	Adult day care	Buncombe and surrounding	VA, DSS, Project CARE grants and scholarships available	828-350-1575 Chris Georgiades
Jewish Family Services of Western NC Elder Day Club www.ifswnc.org	60+ with limited ability to go out on a daily basis		\$32/day	Adult day services on Tuesdays 11:00-2:00	Buncombe, Henderson, Madison, Transylvania	Scholarships may be available Transportation may be available	828-253-2900 229 Murdock Ave. Asheville NC 28804
Elizabeth House, Four Seasons-Compassion for Life www.FourSeasonsCFL.org	Terminally ill adults			Adult respite care	Buncombe, Henderson, Transylvania	Inpatient facility owned and operated by Four Seasons to care for terminally ill patients. Accepts Medicaid, Medicare, and insurance	828-692-9633 581 South Allen Rd, Flat Rock NC 28731 Christina Southern csouthern@FourSeasonsCLF.org
Black Mountain Neuro-Medical Treatment Center Greenwood Inn Respite Unit	18+	Need 24-hour supervision and are being cared for by family members	Call for details	24-hour custodial care and medical supervision plus meals for up to 30 days/year	Buncombe, Henderson, Madison, Mitchell, Polk, Rutherford, Transylvania, Yancey	Private pay	828-259-6945 Kirsten Mitchell

KOALA	18+; frail, need help with 2 ADLs, basic care, socialization			Adult day care	Transylvania	Accept VA, LTC insurance, Project CARE, CAP, Block Grant, FCSP, and private funding	828-882-2980 Robert Anderson
Madison County Department of Social Services	60+	For Family Caregiver Support Program Respite, individual must need help with 2 ADLs or have dementia		In-home Aide Level 1 FCSP Respite	Madison	No income guidelines	828-649-2722 Penny Buckner
Marci's Adult Day Services	18+ Frail Need help with ADLs, basic care, and socialization			1 hour to full day	Buncombe and surrounding	Accepts various income sources	828-665-3143 Marci Bangonan
PSA Healthcare, Inc. www.psahealthcare.com	All individuals with MR/DD	Must have CAP Medicaid or be privately funded	None	Individual, group, community respite LPN, RN	Statewide Regional office in Buncombe		828-684-3329 38 Rosscraggon Rd, Suite G Asheville NC 28803
Pardee Pavilion	18+ Frail Need help with ADLs, basic care, and socialization	FCSP requires that individual need help with 2 ADLs or have dementia		Adult day care FCSP respite	Henderson and surrounding	Accept VA, long-term care insurance, Project CARE, CAP, Block Grant, FCSP, and private funding for services	828-665-3143 Karla Reese
Transylvania County Senior Companions WCCA	60+ frail and homebound	Transylvania County resident	Free	Adult respite Monday – Thursday 8:00 a.m.-5:00 p.m.	Transylvania		828-884-2255 Barbara Greene
Transylvania Regional Hospital Home and Community Care	60+ Under 60	FCSP respite individual must need help with 2 ADLs or have dementia		In-home aide levels 1 and 2 FCSP Respite	Transylvania	Block Grant Levels 1 and 2 Targets low income and minorities Some funding from United Way available for individuals under 60	828-883-5254 Linda Fluck

Day Break at Deerfield	Adults with early memory loss		\$20	Group respite Tuesdays 10-2	Watauga and surrounding	Private pay, HCCF respite vouchers	828-265-5434, ext. 128 Brenda Reece
Heritage Adult Day	18+ frail, need help with ADLs, basic care, socialization	FCSP respite recipients must need help with 2 ADLs or have dementia	\$55/day (scholarships available)	Adult day care Monday-Friday 7:30-5:30	Yancey and surrounding	We accept VA, long-term care insurance TC Ins., Project CARE, CAP, Block Grant, FCSP, and private funding for services	828-682-1556 Ellen Murphy
High Country Caregiver Foundation www.highcountrycaregiverfoundation.org	Family caregivers of seniors	Must reside in Avery or Watauga County Cannot be receiving a similar service	Donations appreciated Voucher program	In-home, group, or institutional respite	Avery, Watauga	CAP accepted on occasion	828-265-5434, ext. 128 P.O. Box 3356 Boone NC 28607 Brenda Reece, Executive Director Breece@regiond.org
Mary's Caring Hands	Adults with early memory loss		\$20	Group respite	Mitchell	Respite on Fridays	828-765-7254
Mitchell Senior Center	60+	In order to receive FCSP respite, individual must need help with 2 ADLs or have dementia		In-home Aide levels 1 and 2 FCSP respite	Mitchell	Block Grant Levels 1 and 2. Targets low income and minorities	828-688-3019 Kathy Garland
Seniors Helping Seniors Robert Patterson, Owner www.seniorshelpingseniorsasheville.com	Seniors (non-medical)	Private Pay or Long Term Care Insurance	\$20 per hour (no minimum, no contract)	Non-medical home care	Buncombe, Henderson, Transylvania	In-home assessment done to determine "fit" with caregiver and financial capability to do private pay	828-236-0662 20 Crestwood Road Asheville NC 28804
Sweet Thoughts: Alzheimer's and Dementia Day Care Hazel Gibson and Betty Breedlove	Continent and ambulatory people with Alzheimer's or dementia (must not wander or be combative)		None	4 hours every Tuesday and Thursday at the center.	Swain, Graham, Macon, Clay, Jackson, Haywood, Cherokee	Limit of 8 people at a time. Participants receive hot lunches and engage in arts & crafts, socialization, or nothing at all	Hazel Gibson 828-371-5697 Betty Breedlove 828-371-5784 67 Bryson Ave Bryson City NC 28713
Adult Life Programs Central Office United Way Agency Mark Bumgarner, Executive Director www.adultlifeprograms.com	Senior adults	Vary according to services requested	Varies	Day programs	Alexander, Caldwell, Catawba, Lincoln		226 22 nd St. NW Hickory NC 28601 P.O. Box 803 Hickory 28603 mbumgarner@adultlifeprograms.com
Adult Life Programs-Conover United Way Agency Romie Rector, Day Services Manager	Senior adults	Manageable in group setting	\$40-50 per day depending	Day care	Alexander, Catawba	Breakfast, lunch, and 2 snacks provided. Call for	828-464-0078 2112nd Av PL NE Conover NC 28613

www.adultlifeprograms.com			on services. Sliding fee scale. Funding available			free trial visit	rrector@adultlifeprograms.com
Adult Life Programs-Hickory United Way Agency Bryan Smith, Day Services Manager www.adultlifeprograms.com	Senior adults	Manageable in group setting	\$40-50 per day depending on services. Sliding fee scale. Funding available	Day care	Caldwell, Catawba	Breakfast, lunch, and 2 snacks provided. Call for free trial visit	828-324-1313 1265A 21 st St NE Hickory, NC 28601 bsmith@adultlifeprograms.com
Adult Life Programs-Lenoir United Way Agency Lisa Patton, Day Services Manager www.adultlifeprograms.com	Seniors and adults with disabilities	Manageable in group setting	\$40-50 per day depending on services. Sliding fee scale. Funding available	Day care support programs	Caldwell, Catawba	Breakfast, lunch, and 2 snacks provided. Call for free trial visit	828-758-5855 1002 Kirkwood St NW Lenoir, NC 28645 lpatton@adultlifeprograms.com
Adult Life Programs-Maiden United Way Agency Barbie White, Day Services Manager www.adultlifeprograms.com	Senior adults	Manageable in group setting	\$45-53 per day depending on services. Sliding fee scale. Funding available	Day care support programs	Catawba, Lincoln	Breakfast, hot lunch, and 2 snacks. Call for free trial visit	828-428-9010 3390 Shepherd Road Maiden, NC 28650 bjwhite@adultlifeprograms.com
Adult Services-Avery County	Seniors who require supervised care		\$25-100 a day	Adult day programs In a community-based setting. Some personal care	Avery	Meals and snacks, social activities, assistance with ADLs.	828-295-0201 Blowing Rock Hospital 165 Schultz Circle Newland, NC 28657 P.O.Box 147 Newland NC 28657
Advantage Home & Community Care United Way Agency www.advantagecares.com	Seniors, adult with mental disabilities				Haywood		828-452-0092 1648 S. Main St. Waynesville NC 28786 kgardner@advantagehcc.com
Alleghany Council on Aging Karon D. Edwards, Director	Seniors 60+	Resident of Alleghany County	None	Level II in-home respite	Alleghany		336-372-4660 P.O. Box 416 Sparta NC 28675 Acoa7986@skybest.com
Amazing Grace Home Care	18+		\$18.00	Level 1	Polk and Rutherford		828-382-0306

Avery Senior Services www.averycountync.gov/seniorservices.htm	Seniors				Avery		828-733-8220 165 Schultz Circle Newland NC 28657 P.O. Box 447 Newland NC 28657 averysc@averycountync.com
Bayada Nurses	18+		\$18.00-23.00	Level I, II, III	Polk and Rutherford		828-696-1900
Baptist Retirement Homes, Western North Carolina Baptist Home www.brh.org/western/western.htm	Seniors				Buncombe and surrounding		828-254-9675 213 Richmond Hill Drive Asheville NC 28806
Caregiver Respite, Southwestern Commission Bill Gibson, Executive Director www.regiona.org	Caregivers of adults 60+ Caregivers 60+ caring for minors (under 18)		Donations accepted		Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain	Call 828-586-1962 to make appointment for home visit.	828-586-1962, ext. 218 125 Bonnie Lane Sylva NC 28779 Cindy Miles cindy@regiona.org
Caregiver Support, Yancey County Committee on Aging, Inc. www.main.nc.us/yanceyYCSC/index.htm	Seniors		None. Voluntary donations accepted		Yancey	Call for appointment for in-home visit and application	828-682-1556 10 Swiss Ave. Burnsville NC 28714 P.O.Box 546 Burnsville NC 28714 828-682-6011, ext. 11 Vivian Hollifield Vhollifield/yansrctr@frontier.com
Yancey County Committee on Aging, Inc.	60+	To receive FCSP respite, individual must need help with 2 ADLs or have dementia		In-home aide levels 1 and 2 FCSP respite	Yancey	Block Grant Levels 1 and 2 Targets low income and minorities	828-682-1556 10 Swiss Ave. Burnsville NC 28714 P.O.Box 546 Burnsville NC 28714 828-682-6011, ext. 11 Vivian Hollifield Vhollifield/yansrctr@frontier.com
Western Carolina Community Action-Transylvania County, Senior Companion www.wcca.net	60+ and frail	Transylvania County resident; homebound	Free		Transylvania		828-884-2255 181 Hillview Extension Brevard NC 28712 P.O. Box 685 Hendersonville NC 28793-0685
Care South Home Health	18+		\$180.00 per visit	Level I, II	Polk, Rutherford	Call for more information	828-287-6026
Haywood County Adult Day Care	Seniors			Day care; out-of-home respite	Haywood	Nurse on duty for 4 hours/day; meals, crafts, and outings included	828-456-9488 205 Hazelwood Ave. Waynesville NC 28786
Haywood Regional Home Care Services www.haymed.org/services/12hcare.htm	Adults			Respite and day programs	Haywood		828-452-8292 560 Leroy George Drive Clyde NC 28721
Haywood County Veterans Affairs	Veterans	Veteran and		Adult respite	Haywood		828-452-6634

www.va.gov		family		care			Mountain Area Resource Center 81 Elmwood Way Waynesville NC 28786
Home Instead Senior Care Kate Barr, General Manager www.homeinstead.com/159	Older adults with cognitive decline or physical limitations	None	Varying rates, depending on required level of care	In-home care by trained, bonded, insured, and screened in-home aides or CNAs. Companionship, personal care, meal preparation, transportation, medication reminders, etc.	Buncombe, Hendersonville, Polk, Transylvania, and Haywood	Private pay company No referral needed Care consultation done prior to onset of services	828-274-4406 1293 Hendersonville Rd. Asheville NC 28803
Land-of-Sky Regional Council Family Caregiver Support Program Carol McLimans, Family Caregiver Specialist	Caregivers of frail older adults; Kinship caregivers (grandparents and other relatives raising children not adopted by them, under age 18); Kinship caregivers (not parent)of disabled adults	Older adults: 60 or older; require assistance with at least 2 ADLs Any age if diagnosed with Alzheimer's or related dementia Kinship caregiver: must be at least 55; child must live with caregiver; parent unable to provide care	None required although consumer contributions are accepted	Land-of-Sky contracts with other agencies to provide type of care required. In some cases caregiver may hire an independent individual. Families receive \$750 to \$1,000 worth of respite per year	Buncombe, Henderson, Madison, Transylvania. Each county has different providers. Caregiver should contact the Family Caregiver Support Specialist for details	Clients are prioritized based on caregiver burden. Funds typically are reserved for those who live with the care recipient, provide 24-hour care, cannot leave the recipient alone, and have no other assistance	828-251-6622 339 New Leicester Hwy, Suite 140 Asheville NC 28806
Land-of-Sky Regional Council Senior Companions www.landofsky.org	Adult with disability or homebound	Low income; cannot be recipient of any other monetary help		In-home	Buncombe, Henderson, Madison, Transylvania		828-251-6622 1-800-727-0557 339 New Leicester Highway, Suite 140 Asheville NC 28806 Tracy Ash tracya@landofsky.org
Carolina Assisted Care	18+		\$13.00-20.00	Level I	Polk, Rutherford		828-287-0001
Gentiva Home Healthcare	18+			Level I, II, III	Rutherford		704-484-3294
Polk Life Day Care	18+		\$45-52/day	Adult day care	Polk		828-894-2007
Harris Home Health					Rutherford		828-286-2050
Hospital Home Care	Adults	Resident of	Grants (if	Depends on	Transylvania		828-883-5254

www.trhospital.org		Transylvania, Henderson, or Jackson County. Must have social security card	eligible); private pay	needs			1266 Asheville Highway Suite 5 Brevard NC 28712 homecare@trhospital.org
ResCare Home Care				Level I, II, III	Polk, Rutherford		828-245-8095
Rutherford Life Day Care	18+		\$43-52/day	Adult day care	Rutherford, Polk		828-288-1697
Life o' Mike www.lifeomike.org	Family members of seriously ill or newly disabled people		None		Buncombe	We do not administer medications	828-243-6712 70 Woodfin Place Asheville NC 28801 P.O. Box 1213, Asheville NC 28802 lifeomike@gmail.com
Madison County Department of Community Services, In Home Services/ Respite Care www.madisoncountync.org	60+	Disabled or need assistance in home. Madison County resident		In-home services; can include personal care	Madison County		828-649-0547 462 Long Branch Rd Marshall NC 28753
Silver Bluff Village www.silverbluffvillage.com	Elderly			Out-of-home respite care Adult respite care	Haywood		828-648-2044 100 Silver Bluff Drive Canton, NC 28716 wecare@silverbluffvillage.com
Watauga County Project on Aging www.wataugacounty.org/aging	60+ 18+ with disability (CAP)	Watauga resident	Donations accepted	In-home aide; respite	Watauga	CAP/DA residents must be 18+ and certified in need of ICF or SNF Nursing Home Care, qualified by physician, and meet Medicaid eligibility guidelines	828-265-8090 132 Poplar Grove Connector Boone NC 28607
Homewatch Caregivers WNC Suzannah Tebbe Davis, Director Ernie and Brenda Konkoli, Owners www.homewatchcaregivers.com	Primarily elders, but any individual requiring non-medical in-home support	Application Formal intake	\$15-71/hour depending on type of care required and number of hours per shift	Depends on type of care required General in-home, non-skilled nursing care We can provide overnight in-home respite	Buncombe, Henderson, Madison, Transylvania	We accept private pay and grants from VA, Council on Aging, and Project CARE. We do not accept Medicaid/Medicare	828-676-1585 1977 Hendersonville Rd. Asheville NC 28803
Jackson County Department on Aging Caring Hands In-Home Aide Respite Phyllis Phillips, Program Coordinator www.jacsonnc.org	60+ (or caregiver is 60+). Preference given to families dealing with Alzheimer's or related dementias	Must be Jackson County resident needing 24-hour care	HCCBG funded; if client is above poverty level	Level 1 respite (no personal care) Level 2 respite (personal care)	Jackson County service area	Call for application/intake process	828-631-8039 100 County Services Park Sylva NC 28779

			a monthly contribution letter is sent to give client the opportunity to contribute toward cost	Can be determined per visit Depending on level of care needed, respite provider is CAN or in-home companion			
Maple Leaf Adult Respite	Disabled adults			Adult day care & day health program licensed to provide services during the day	Haywood		828-452-6620 157 Paragon Parkway, Suite 300 Clyde, NC28721
Macon County Senior Services www.maconnc.org/dss-senior-services.html	Alzheimer's			Specialized day care center; overnight respite for minimum 3 nights in licensed facility	Macon		828-349-2011 information and referral 828-349-2058 108 Wayah Street Franklin NC 28734
Maxim Healthcare Services Chris Stevens, Asheville Branch Administrator www.maxhealth.com	Varies Adult, IDD, geriatric	None	None	Both medical and non-medical	Western NC	CAP, private pay, LTC, private insurance	828-299-4388 1269 Tunnel Road, Suite C-E Asheville NC 28805
Seasons Home Care June Beddingfield, President/Director www.seasonshomecare.org	Adults 18 and older	Seasons Home Care must be able to provide services to maintain client in home or preferred place of service (hospital, rest home, etc.) safely	Varies	All types provided	Polk, Henderson, and Rutherford	No referral necessary Currently not accepting CAP Call to begin application process; RN will visit for assessment and plan of care	828-859-0147 2060 Lynn Rd, Suite 4 Columbus NC 28722
Yancey County CAP/DA	Children and adults	Qualify for CAP Medicaid	CAP Medicaid, VA funding, private pay, some insurance		Yancey	MD must fill out FL-2 form	828-682-7967 200 Medical Campus Drive Burnsville NC 28714